

345 Sherbourne Street, Toronto, ON M5A 2S3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00 - Welcome 2022! - All 2:00 - Winter Wonderland - 4R 4:00 - My Favourite Tune - 4R New Years Day!
2 10:00 - Spiritual Sunday - 4R 2:30 - Classic Film: Resident's Choice - 4 3:00 - Hot Cocoa Cart - 4R	3 10:00 - Morning Movement - 4R 11:00 - Montessori - 3 1:00 - Sharp Brain - 3 1:30 - Crochet Club CR 2:00 - Patio Break - 4R 6:00 - 1:1 Aromatherapy - 2R	4 9:30 - Basketball - 3 11:00 - Catholic Mass - CH 11:00 - Craft - 3 1:30 - Everybody's Favorite Cooking Show CR 3:00 - Chinese Music - 3 3:00 - Sensory Therapy - 2 6:00 - Everybody's Favorite Oldies Movie 2R	5 10:00 - Mindfulness - 4R 1:00 - Rec Check - 4R 3:30 - Balloon Badminton - 4 3:45 - Reality Orientation - 3 6:00 - Aromatherapy - 3R	6 10:00 - Garden Care 2 11:00 - Active Mornings - 2R 1:00 - Garden Club - 4R 2:00 - Reality Orientation - 2 2:30 - Fresh Air Break - 4R 6:15 - Virtual Concert: - 4	7 10:30 - Virtual Pet Therapy - All 11:00 - News & Views - 2 1:00 - Winter Craft Station - 4 1:00 - Happy Hour - 3 1:30 - Volleyball - 3 2:00 - Moment of Inspiration 2 2:00 - I love Lucy - 3 3:30 - Quick Fitness - 4R 6:15 - Happy Hour - 4R Eastern Orthodox Christmas! Happy Birthday Chung S!	8 10:00 - Hymn Sing - 3 11:00 - Music and Groove - 2R 2:00 - Board Game - 3 2:00 - Word Games - 2R 3:00 - National Geographic Series - 2 4:00 - Stroll to Fresh Air - 3
9 10:00 - Religious/Spiritual Connection - 2R 1:00 - Sip N Paint - 2 1:30 - Bingo - 3 2:30 - Baseball - 3 2:30 - Sunday Theater: High Plains Drifter - 2 -	10 10:00 - Decor Club - All 1:30 - Creative movement - 3 1:30 - Residents' Council - CR 2:00 - Patio Break - 4R 3:00 - Chinese Movie - 3 6:00 - Relaxation - 3 6:30 - Virtual STM Chat - All	11 2:30 - Audiobook Club - 2 3:15 - Anglican Church Service - CH 6:00 - Everybody's Favorite Oldies Movie 2R	12 9:30 - Volleyball - 3 10:00 - Moment of Gratitude - 2 11:00 - Fancy Nails - 2R 2:00 - Balloon Volleyball - 2R 2:00 - 2SLGBTQI: Christine Jorgensen - 4R 3:30 - Reminiscing - 3R 6:00 - Rec Check - 4R	13 9:00 - Stroll to Fresh Air - 3R 1:00 - Garden Club - 4R 2:00 - Reality Orientation - 2 2:30 - Fresh Air Break - 4R 2:30 - Cantonese Opera - 3 6:15 - Virtual Concert: - 4	14 10:00 - Reikai Radio - 2 11:00 - Busy Hands 2 1:00 - The story of Makar Sankranti! 2 1:30 - Volleyball - 3 2:00 - Happy Hour & Games 2 2:30 - Happy Time - 3 6:00 - Relaxation - 3 Makar Sankranti!	15 10:00 - 1:1 News & Views - 4R 2:00 - Winter Wonderland - 4R 4:00 - My Favourite Tune - 4R
16 10:00 - 1:1 Communion - All 10:00 - Spiritual Sunday - 4R 2:30 - Classic Film: Resident's Choice - 4 3:00 - Hot Cocoa Cart - 4R Tu B'shvat Begins!	17 9:00 - Cooking Class - CR 10:00 - Morning Movement - 4R 11:00 - Montessori - 3 1:00 - Sharp Brain - 3 1:30 - Crochet Club CR 1:30 - Remembering Martin Luther King Jr: - 2 2:00 - Patio Break - 4R 6:30 - Virtual STM Chat - All Dr. Martin Luther King Jr. Day!	18 9:30 - Basketball - 3 11:00 - Craft - 3 1:30 - Everybody's Favorite Cooking Show CR 2:30 - Audiobook Club - 2 3:00 - Chinese Music - 3 6:00 - Everybody's Favorite Oldies Movie 2R Mahayana New Year Begins!	19 10:00 - Mindfulness - 4R 1:00 - Rec Check - 4R 3:30 - Balloon Badminton - 4 3:45 - Reality Orientation - 3 6:00 - Aromatherapy - 3R	20 10:00 - Garden Care 2 11:00 - Active Mornings - 2R 1:00 - Garden Club - 4R 2:00 - Reality Orientation - 2 2:30 - Fresh Air Break - 4R 6:15 - Virtual Concert: - 4	21 10:30 - Virtual Pet Therapy - All 11:00 - News & Views - 2 1:00 - Winter Craft Station - 4 1:00 - Happy Hour - 3 1:30 - Volleyball - 3 2:00 - Winter Carnival - All 2:00 - I love Lucy - 3 3:30 - Quick Fitness - 4R 6:15 - Happy Hour - 4R	22 10:00 - Hymn Sing - 3 11:00 - Music and Groove - 2R 2:00 - Board Game - 3 2:00 - Word Games - 2R 3:00 - National Geographic Series - 2 4:00 - Stroll to Fresh Air - 3
23 10:00 - Religious/Spiritual Connection - 2R 1:00 - Sip N Paint - 2 1:30 - Bingo - 3 2:30 - Baseball - 3 2:30 - Sunday Theater: God's Compass - 2	24 10:00 - Morning Movement - 4R 11:45 - Enjoy Chinese food - CR 1:30 - Creative movement - 3 2:00 - Patio Break - 4R 3:00 - Chinese Movie - 3 3:00 - GSA - CR 6:30 - Virtual STM Chat - All	25 2:30 - Audiobook Club - 2 3:00 - Sensory Therapy 2R 6:00 - Everybody's Favorite Oldies Movie 2R Robbie Burns Day! Happy Birthday Margaret M.!	26 9:30 - Volleyball - 3 10:00 - Moment of Gratitude - 2 11:00 - Fancy Nails - 2R 2:00 - Balloon Volleyball - 2R 2:00 - Board Game - 3 2:00 - 2SLGBTQI+ Spotlight: Bayard Rustin - 4R 3:30 - Reminiscing - 3R Fine Italian Dining: 4th Floor 4:30pm-6pm	27 9:00 - Stroll to Fresh Air - 3R 10:00 - Garden Care 2 11:00 - Active Mornings - 2R 1:00 - Garden Club - 4R 2:00 - Reality Orientation - 2 2:30 - Fresh Air Break - 4R 2:30 - Cantonese Opera - 3 Happy Birthday Shirley N.! Fine Italian Dining: 2nd Floor 4:30pm-6pm	28 10:00 - Reikai Radio - 2 11:00 - Busy Hands 2 2:00 - Moment of Inspiration 2 2:30 - Happy Time - 3 Fine Italian Dining: 3rd Floor 4:30pm-6pm	29 10:00 - 1:1 News & Views - 4R 2:00 - Winter Wonderland - 4R 4:00 - My Favourite Tune - 4R Happy Birthday Michael! Happy Birthday Helene!
30 10:00 - 1:1 Communion - All 10:00 - Spiritual Sunday - 4R 2:30 - Classic Film: Resident's Choice - 4 3:00 - Hot Cocoa Cart - 4R	31 9:00 - Cooking Class - CR 10:00 - Morning Movement - 4R 11:00 - Chinese New Year Painting - Sher 1:00 - Sharp Brain - 3 1:30 - Crochet Club CR 2:00 - Patio Break - 4R 6:00 - 1:1 Aromatherapy - 2R 6:30 - Virtual STM Chat - All					

