

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 - 1:1 Communion - All 10:00 - Bingo - CH 2:30 - Canada Day Celebration - DR 4:00 - Fitness Club - 3	2 10:30 - Montessori - 3 2:30 - Congee Social - 3 4:15 - 1:1 Friendly Visits - 4R	3 10:00 - Pet Therapy - All 10:30 - Discovery Series - CR 2:00 - School of Rock - DR 2:30 - Tai Chi - 2 4:00 - Comedy Club - 4 6:30 - National Geographic Series - 2	4 9:30 - Reality Orientation - 2 10:30 - Spelling Bee - CR 4:00 - Face to Family - 4R 6:30 - World Cup Trivia - 4 Outing: Dragon Pearl Buffet 10:45AM-2:30PM	5 10:30 - Bread Making - CR 10:30 - Reminiscing: Songs - 3R 2:00 - Craft: Floral Creations - 3 2:15 - Taste Test: Bread - CR 4:00 - Companion Pets - 2R Outing: Sunshine Centre 10:00AM-4:30PM	6 10:30 - Roman Catholic Mass - CH 2:30 - 1:1 Ice Cream Cart - All 4:00 - Baseball - 3 6:00 - Aromatherapy - 3R	7 10:30 - Coffee & Conversation - CR 2:00 - Berea Choir - CH 4:00 - Crafter's Corner - CR
8 10:00 - 1:1 Communion - All 11:00 - Virtual Mass - 4 2:30 - Bingo - CH 4:00 - Sunday Strolls - 4R	9 Cultural Day: South Africa 10:30 - Photos of South Africa - 3 11:00 - Travelogue: South Africa - 4 2:30 - Cultural Day Party - DR 4:00 - South African Treasures - 2 6:00 - South African Crafts - CR	10 10:00 - Pet Therapy - All 1:30 - Residents' Council - CR 2:00 - School of Rock - DR 2:00 - Cantonese old songs - 3 2:30 - Tai Chi - 2 4:00 - Football - 3 6:30 - National Geographic Series - 2	11 10:30 - 1:1 Exercise - 4R 2:00 - St. Luke's Sing Along - CH 3:00 - LGBTQ2S+ Short Stories - 4 4:00 - Face to Family - 4R	12 10:30 - News & Views - 2 2:30 - Sundae Social - CR 4:00 - Pictionary - 2 4:00 - Shuffleboard - 4 6:30 - Board Games - CH	13 10:30 - Visit Allen Garden - Bus 10:30 - Rise & Shine - 2 BBQ Lunch First Seating - 11:45AM Second Seating - 12:45PM 1:30 - Sing Along with Kathy - 4 2:15 - Friday Night Film - CH 2:30 - Sing Along with Kathy - 3 3:30 - Sing Along with Kathy - 2 4:00 - Baseball - 3 Outing: Sunshine Centre Strawberry Festival 10:00AM-4:30PM	14 10:30 - Hymn Sing - 2 10:40 - Buddhist Temple Visiting - CH 2:00 - Board Games - 3 2:30 - 1:1 Stroll - Sher 4:00 - Sport Club - 3 4:00 - Creative Movement - 2
15 10:00 - 1:1 Communion - All 10:30 - Hymn Sing - CH 2:00 - Bingo - CH 4:00 - Fitness Club - 3 4:00 - Brain Busters Trivia - 2R	16 10:30 - Reality Orientation - 4 2:00 - Culture Club - All 2:00 - Dim Sum Social - 3 4:30 - Basketball - 3 6:00 - Snoezelen - 3	17 10:00 - Pet Therapy - All 10:30 - Discovery Series - CR 1:30 - Horticultural Therapy - CH 2:00 - School of Rock - DR 2:30 - Tai Chi - 2 6:30 - National Geographic Series - 2	18 10:30 - Montessori - 3 2:30 - Christian Mission Service - CH 3:30 - 1:1 Comedy Club - 4R 4:00 - Creative Crafts - CH 4:00 - Face to Family - 4R	19 10:30 - Ladies Club - CR 10:30 - Reminiscing: Place - 3R 2:30 - Birthday Party - DR 4:00 - 1:1 Strolls - 2R 4:00 - Football - 3	20 10:30 - Rise & Shine - 2 2:00 - Board Games - 2 2:00 - Happy Time - 3 4:00 - Baseball - 3 4:00 - Colour Club - 2 6:00 - Aromatherapy - 3R	21 10:30 - Coffee & Conversation - CR 2:00 - Berea Choir - CH 4:00 - Crafter's Corner - CR
22 10:00 - 1:1 Communion - All 11:00 - Virtual Mass - 4 2:30 - Bingo - CH 4:00 - Sunday Strolls - 4R	23 10:30 - Memorial Flowers - CR 10:30 - Montessori - 3 2:30 - Memorial Service - CH 4:30 - 1:1 Stroll with Me - 2R 4:30 - Basketball - 3 6:30 - Pub Night - CR	24 10:00 - Pet Therapy - All 10:30 - Montessori: Matching/Sorting - 3 2:00 - School of Rock - DR 2:00 - Cantonese old songs - 3 2:30 - Tai Chi - 2 3:30 - Anglican Church Service - CH 4:00 - Football - 3 6:30 - National Geographic Series - 2	25 10:30 - 1:1 Exercise - 4R 2:00 - St. Luke's Sing Along - CH 3:00 - LGBTQ2S+ Short Stories - 4 4:00 - Baseball - 3 4:00 - Face to Family - 4R 6:00 - Snoezelen - 3	26 10:30 - News & Views - 2 2:30 - Garden Club: Tending Our Garden - CR 2:30 - Music Club - CH 6:30 - Board Games - CH Outing: Swimming Cooper Koo YMCA 2:00PM-5:00PM	27 10:30 - Visit Allen Garden - Bus 10:30 - Rise & Shine - 2 BBQ Lunch First Seating - 11:45AM Second Seating - 12:45PM 2:15 - Friday Night Film - CH 4:00 - Baseball - 3	28 12:00 - Hymn Sing - 3 2:00 - Board Games - 3 2:30 - Brain Busters Trivia - 2R 4:00 - Companion Pets - 2R 4:00 - Sport Club - 3
29 10:00 - 1:1 Communion - All 10:30 - Hymn Sing - CH 2:00 - Bingo - CH 4:00 - Fitness Club - 3 4:00 - Creative Movement - 2	30 10:30 - Men's Club - CR 12:30 - Lucy's Kitchen - CR 2:00 - Fried Noodle Social - 3 2:30 - Word Games - 4 4:30 - Basketball - 3 6:30 - 1:1 Aromatherapy - 3R	31 10:00 - Raising Artists - CH 10:00 - Pet Therapy - All 2:00 - School of Rock - DR 2:30 - 1:1 Friendly Visits - All				

All - All
 Bus - Bus Outing
 CH - Chapel
 CR - Craft Room
 DR - Dining Room
 Sher - Sherbourne Grounds

2 - 2nd Floor Activity Room
 3 - 3rd Floor Activity Room
 4 - 4th Floor Activity Room
 4R - 1:1 Resident Room

