

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00 - Hymn Sing - 3 2:00 - Board Game - 3 2:40 - Weaving on the Loom - 2 4:00 - Stroll to Fresh Air - 3
2 10:00 - Virtual Mass - 2R 10:30 - Hymn Sing - 2 2:00 - Bingo - 3 4:00 - Dancing with Rachel - 3 6:30 - 1:1 iPad Fun! - 3	3 1:00 - Fresh Air Break - 4R 2:00 - Chinese Movie - 3 2:30 - Creative movement - 3 3:00 - Word Games - 4R 6:00 - Relaxation - 3 6:30 - 1:1 Virtual Visits with Short Term Mission - All	4 9:00 - Reality Orientation - All 1:00 - Face to Family - 2R 2:00 - Birthday Celebration - 3R 3:30 - Audiobook Club - 2 6:10 - Indoor Garden Project - 2 Happy Birthday Kenneth W!	5 9:30 - Active Mornings - 2 10:00 - Reminiscing - 3R 1:00 - Face to Family - 4R 2:00 - Bedside Therapy - 2R 2:00 - Board Game - 3 3:00 - Birthday Celebration - 4R 3:30 - Volleyball - 3 6:30 - Soothing Stretches - 4R Cinco de Mayo Happy Birthday James G!	6 9:00 - Move to Fresh Air - 3R 9:40 - Tuck Shop Cart - 2R 10:30 - 1:1 Reminiscing - 2R 1:00 - Garden Club - 4 2:00 - Cantonese Opera - 3 2:00 - SMILES Online - All 2:30 - Making Murals - 2 2:40 - The Secret Life of Canada: An Indigenous Podcast - CR 3:00 - Fresh Air Break - 4R 6:00 - Virtual Concert: Great Big Sea - 4	7 9:30 - Animal Flow - 2 11:00 - Reikai Radio - 2 2:30 - Coffee and conversation - 3 4:00 - Fun and Fitness - 3 6:00 - Relaxation - 3	8 10:00 - Movin' & Groovin' - 4 1:00 - Tuck Shop - 4R 2:00 - Fresh Air Break - 4R
9 10:00 - Spiritual Sunday - 4R 1:00 - Mother's Day Tea Cart - All 3:00 - Virtual Tour: Netherlands Tulips - 4 Mother's Day	10 11:00 - Dim Sum Social - 3 1:00 - Fresh Air Break - 4R 1:30 - Sharp Brain - 3 1:30 - Residents' Council - CR 2:00 - Birthday Celebration - 2R 2:30 - Creative movement - 3 2:30 - Eco Friendly Fitness - 2 3:00 - Word Games - 4R 6:30 - 1:1 Virtual Visits with Short Term Mission - All Happy Birthday Osarugue E!	11 10:00 - Classical Music - 3 1:00 - Face to Family - 2R 1:30 - Basketball - 3 2:00 - Montessori - 3 3:30 - Audiobook Club - 2 6:10 - Indoor Garden Project - 2	12 12:00 - Reality Orientation - 3 1:00 - Face to Family - 4R 2:00 - Virtual Family Visiting - 3R 2:30 - LGBTQ Concert - 3 6:00 - Aromatherapy - 3R 6:30 - Soothing Stretches - 4R	13 9:40 - Tuck Shop Cart - 2R 10:30 - 1:1 Reminiscing - 2R 1:00 - Garden Club - 4 2:00 - SMILES Online - All 3:00 - Fresh Air Break - 4R 6:00 - Virtual Concert: Ray Charles - 4	14 9:30 - Animal Flow - 2 10:00 - Tuck Shop - 4R 10:30 - Virtual Pet Therapy - All 1:00 - Art Cart - 4R 1:00 - Coffee Social - 3 1:15 - Spin the Wheel! - 2 4:00 - Fun and Fitness - 3 6:00 - Movie Night - 3 Happy Birthday Betty L!	15 10:00 - Hymn Sing - 3 2:00 - Board Game - 3 2:40 - Weaving on the Loom - 2 4:00 - Stroll to Fresh Air - 3
16 10:00 - Virtual Mass - 2R 10:30 - Hymn Sing - 2 2:00 - Bingo - 3 4:00 - Dancing with Rachel - 3 6:30 - 1:1 iPad Fun! - 3	17 1:00 - Fresh Air Break - 4R 2:00 - Chinese Movie - 3 2:30 - Creative movement - 3 3:00 - Word Games - 4R 6:00 - Relaxation - 3 6:30 - 1:1 Virtual Visits with Short Term Mission - All	18 Museum Day! 10:00 - Virtual Tour: National Gallery - 4 1:00 - Face to Family - 2R 1:30 - Science Experiment - 4R 3:00 - Art Cart: Museum of Nature - 4R 3:30 - Audiobook Club - 2 6:10 - Indoor Garden Project - 2	19 9:30 - Active Mornings - 2 10:00 - Reminiscing - 3R 1:00 - Face to Family - 4R 2:00 - Bedside Therapy - 2R 2:00 - Board Game - 3 3:30 - Volleyball - 3 6:30 - Soothing Stretches - 4R Happy Birthday Sofia L! Happy Birthday Gloria T!	20 9:00 - Move to Fresh Air - 3R 9:40 - Tuck Shop Cart - 2R 10:30 - 1:1 Reminiscing - 2R 1:00 - Garden Club - 4 2:00 - Cantonese Opera - 3 2:00 - SMILES Online - All 3:00 - Fresh Air Break - 4R 6:00 - Virtual Concert: Gord Downie's Secret Path - 4	21 9:30 - Animal Flow - 2 11:00 - Reikai Radio - 2 2:00 - Life Story - 2R 2:30 - Coffee and conversation - 3 4:00 - Fun and Fitness - 3 6:00 - Relaxation - 3	22 10:00 - Movin' & Groovin' - 4 1:00 - Tuck Shop - 4R 2:00 - Fresh Air Break - 4R
23 10:00 - Spiritual Sunday - 4R 1:00 - Art Cart: Origami - 4R 3:00 - Virtual Field Trip: Japan - 4	24 1:00 - Fresh Air Break - 4R 1:00 - Sharp Brain - 3 2:00 - Victoria Day Social - CR 2:30 - Creative movement - 3 2:30 - Eco Friendly Fitness - 2 3:00 - Virtual Fireworks Show - 4 6:30 - 1:1 Virtual Visits with Short Term Mission - All Victoria Day Happy Birthday Robert F! Happy Birthday Anthony H!	25 10:00 - Classical Music - 3 1:00 - Face to Family - 2R 1:30 - Basketball - 3 2:00 - Montessori - 3 3:30 - Audiobook Club - 2 6:10 - Indoor Garden Project - 2	26 12:00 - Reality Orientation - 3 1:00 - Face to Family - 4R 2:00 - Virtual Family Visiting - 3R 6:00 - Aromatherapy - 3R 6:30 - Soothing Stretches - 4R Lunch Club: Dominos Pizza	27 9:40 - Tuck Shop Cart - 2R 10:30 - 1:1 Reminiscing - 2R 1:00 - Garden Club - 4 2:00 - SMILES Online - All 3:00 - Fresh Air Break - 4R 6:00 - LGBTQ2+ Concert: Janis Joplin - 4 6:30 - Tuck Shop - 4R Happy Birthday Lorne S!	28 Cultural Day: Japan 9:30 - Animal Flow - 2 10:30 - Virtual Pet Therapy - All 2:00 - Life Story - 2R 2:00 - Japanese Tea social - CR 3:00 - Japanese music - CR 6:00 - Japanese Movie Night - 3 Happy Birthday Alan R!	29 10:00 - Hymn Sing - 3 2:00 - Board Game - 3 2:40 - Weaving on the Loom - 2 4:00 - Stroll to Fresh Air - 3

30	31					
10:00 - Virtual Mass - 2R 10:30 - Hymn Sing - 2 2:00 - Bingo - 3 4:00 - Dancing with Rachel - 3 6:30 - 1:1 iPad Fun! - 3	2:00 - Chinese Movie - 3 2:30 - Creative movement - 3 6:00 - Relaxation - 3 6:30 - 1:1 Virtual Visits with Short Term Mission - All					

2 - 2nd Floor Activity Room
4R - 4th Fl 1:1 Resident Room

2R - 2nd Fl 1:1 Resident Room
All - All

3 - 3rd Floor Activity Room
CR - Craft Room

3R - 3rd Fl 1:1 Resident Room

4 - 4th Floor Activity Room