

345 Sherbourne Street, Toronto, ON M5A 2S3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 - Welcoming September - All 2:08 - Balloon Baseball - 3 3:45 - Reality Orientation - 3 3rd Floor Outing: Harbourfront 10:00am-1:00pm	2 10:00 - Garden Club: Pansie Seed Sowing - 2 1:00 - Garden Club - 4 1:30 - Build your Sundae Bar - 2R 3:00 - Fresh Air Break - 4R 3:30 - Reality Orientation - 2 6:15 - Sensory Stroll - 4 Happy Birthday Leila M!	3 10:30 - Virtual Pet Therapy - All 1:00 - Coffee Social - 3 1:00 - Tuck Shop - 2R 2:00 - Movie Night - 3 2:00 - The 519: Active Minds - 4R 2:45 - Bingo - 2 3:00 - Keep Cool Friday's - 4R 4:00 - Walking to Fresh Air - 3	4 10:00 - Dance to Fitness - 2 10:00 - Hymn Sing - 3 1:00 - Walking Club - 2R 2:00 - Board Game - 3 3:30 - Mind games - 2R 4:00 - Stroll to Fresh Air - 3
5 10:00 - Religious/Spiritual Connection - 2 2:00 - Bingo - 3 2:30 - Nature Series - 2 3:30 - 1:1 Aromatherapy - 2R 4:00 - Dancing with Rachel - 3 6:30 - 1:1 iPad Fun! - 3	6 1:00 - Paint Along - 4 1:30 - Creative movement - 3 2:00 - Chinese Movie - 3 6:00 - Relaxation - 3 6:30 - 1:1 Virtual Visits with STM - All 7:00 - Tuck Shop - 4R	7 1:00 - 1:1 Music Jamz - 2R 2:30 - Audiobook Club - 2 6:00 - Movie Night - 2 Happy Birthday Adrienne!	8 9:30 - Volleyball - 3 10:00 - Sunny Side Up - 2 1:00 - Rec Check! - 4R 1:00 - Exploring the Great Outdoors - 2R 2:00 - Board Game - 3 2:30 - LGBTQ Concert - 3 3:30 - Reminiscing - 3R 3:30 - Fancy Nails and Aromatherapy - 2R 6:30 - Mindful Evenings - 4R	9 9:00 - Stroll to Fresh Air - 3R 10:30 - Movie - 3 1:00 - Garden Club - 4 2:00 - Cantonese Opera - 3 6:15 - Sensory Stroll - 4 Federal Election 9:00am-1:00pm	10 1:00 - Tuck Shop - 2R 2:30 - Coffee and Conversation - 3 4:00 - Walking to Fresh Air - 3 6:00 - Relaxation - 3 Happy Birthday King Yee!	11 10:00 - Current Events - 4R 1:30 - Walk & Roll - All 4:00 - Brain Games - 4R Happy Birthday Appiah K! Happy Birthday Shirley M!
12 10:00 - 1:1 Communion - All 10:00 - Spiritual Sunday - 4R 2:00 - Farmers Market Cart - All 3:00 - TV Classics - 4 Grandparents Day	13 Cultural Day: Turkey 9:00 - Virtual Outing: Turkey - 3 1:00 - Paint Along: Turkish Flag - 4 1:00 - It's All About Turkey! - 2 1:00 - Turkey Facts - 3R 1:30 - Residents' Council - CR 2:00 - Montessori - 3 3:30 - Travel Turkey: Virtual - 4 6:00 - 1:1 Bedside T - 2R 6:30 - 1:1 Virtual Visits with STM - All 7:00 - Tuck Shop - 4R	14 9:30 - Basketball - 3 10:30 - Raising Artists - Sher 11:00 - Craft - 3 2:00 - Resident's Favor - 3 2:00 - Residents' Council Week: Red Carpet Awards - DR 2:30 - Classical Music - 3	15 1:00 - Rec Check! - 4R 2:00 - Residents Council Week Education: Empowering Residents Through LTC Food Foundations - CH 3:45 - Reality Orientation - 3 6:00 - Aromatherapy - 3R 6:30 - Mindful Evenings - 4R	16 10:00 - Active Mornings - 2 10:00 - Residents' Council Week: Resident Rights Scavenger Hunt - All 11:00 - Garden Care - 2 1:00 - Garden Club - 4 2:30 - Happy Hour and Games - 2 3:00 - Fresh Air Break - 4R 6:15 - Sensory Stroll - 4 Happy Birthday Loretta G. (Carolyn)! Happy Birthday Ilana R!	17 10:30 - Virtual Pet Therapy - All 1:00 - Residents' Council Week: Sundae Bar! - CR 1:00 - Tuck Shop - 2R 2:00 - Movie Night - 3 2:45 - Bingo on the Patio - Sher 3:00 - Keep Cool Friday's - 4R 4:00 - Walking to Fresh Air - 3 4th Floor Outing: Riverdale Farm 10:00am - 2:30pm	18 10:00 - Dance to Fitness - 2 10:00 - Hymn Sing - 3 1:00 - Walking Club - 2R 2:00 - Board Game - 3 3:30 - Mind games - 2R 4:00 - Stroll to Fresh Air - 3
19 10:00 - Religious/Spiritual Connection - 2 1:00 - Farmers Market Cart - All 2:00 - Bingo - 3 2:30 - Nature Series - 2 4:00 - Dancing with Rachel - 3 6:30 - 1:1 iPad Fun! - 3	20 1:00 - Paint Along - 4 1:30 - Creative movement - 3 2:00 - Chinese Movie - 3 2:00 - Lunar Cake Social - 3 3:30 - Terry Fox: I Had a Dream - 4 6:00 - Relaxation - 3 6:30 - 1:1 Virtual Visits with STM - All 7:00 - Tuck Shop - 4R	21 1:00 - 1:1 Music Jamz - 2R 2:30 - Audiobook Club - 2 6:00 - Sensory Therapy - 2R	22 9:30 - Volleyball - 3 10:00 - Sunny Side Up - 2 1:00 - Rec Check! - 4R 1:00 - Exploring the Great Outdoors - 2R 2:00 - Board Game - 3 3:00 - Balloon Badminton - 4 3:30 - Reminiscing - 3R 3:30 - Fancy Nails and Aromatherapy - 2R 6:30 - Mindful Evenings - 4R First Day of Fall!	23 9:00 - Stroll to Fresh Air - 3R 10:00 - Active Mornings - 2 10:30 - Movie - 3 11:00 - Garden Care - 2 1:30 - Birthday Party Cart! - All 4:00 - Movie Matinee - 2 6:15 - Sensory Stroll - 4 Happy Birthday Robert E!	24 11:00 - Reikai Radio - 2 1:00 - Tuck Shop - 2R 2:30 - Coffee and Conversation - 3 3:00 - Outdoor Fun - 2R 4:00 - Walking to Fresh Air - 3 6:00 - Relaxation - 3	25 10:00 - Word Games - 4 1:30 - Walk & Roll - All 3:30 - Planet Earth - 4
26 10:00 - 1:1 Communion - All 10:00 - Spiritual Sunday - 4R 1:30 - Bingo - 4 3:00 - TV Classics - 4	27 1:00 - Sharp Brain - 3 1:00 - Face to Family - All 2:00 - Montessori - 3 3:00 - Happy Hour and Games - 2 6:00 - 1:1 Bedside T - 2R 6:30 - 1:1 Virtual Visits with STM - All 7:00 - Tuck Shop - 4R	28 9:30 - Basketball - 3 11:00 - Craft - 3 1:00 - 1:1 Music Jamz - 2 2:00 - Resident's Favor - 3 2:30 - Classical Music - 3 2:30 - Audiobook Club - 2 6:00 - Movie Night - 2 2nd Floor Outing: High Park Zoo 1:30pm-4:30pm	29 1:00 - Rec Check! - 4R 3:00 - Balloon Badminton - 4 3:45 - Reality Orientation - 3 6:00 - Aromatherapy - 3R 6:30 - Mindful Evenings - 4R	30 10:00 - Active Mornings - 2 1:00 - Orange Shirt Day: A Survivor's Story - 2 1:00 - Orange Heart Project - 4R 2:30 - Happy Hour and Games - 2 3:00 - Fresh Air Break - 4R 6:15 - Sensory Stroll - 4 Orange Shirt Day		

2 - 2nd Floor Activity Room
 4R - 4th Fl 1:1 Resident Room
 Sher - Sherbourne Grounds

2R - 2nd Fl 1:1 Resident Room
 All - All

3 - 3rd Floor Activity Room
 CH - Chapel

3R - 3rd Fl 1:1 Resident Room
 CR - Craft Room

4 - 4th Floor Activity Room
 DR - Dining Room