

The Reporter

The Reikai Centres: Sherbourne Place * 345 Sherbourne * Tel: 416-964-1599* Fax:416-964-3907



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A Message from the Manager of Programs and Volunteer Services...

Hello Everyone!

Hard to believe August is here already. It seems this summer has flown by. Please continue to ensure you stay hydrated and wear your sunscreen during these hot and humid days.

August is full of fun & interested programs and outings. Please be sure to check the calendar and sign up for any outings you would like to take part in.

This will be the last month for our BBQ lunches – be sure to come down and enjoy a hot dog or hamburger on August 11th and August 25th.

Outing Schedule:

August 17th: Sunshine Centre

August 21st: Grand River Cruise

August 23rd: Music Garden Tour

August 24th: CNE

August 25th: Sunshine Centre

August 30th: Swimming Club at Variety Village

Please be sure to attend Welcome Committee & Residents' Council this month! Welcome Committee will be held on August 14th at 2:30PM in the Craft Room and Residents' Council will be held on August 15th at 1:30PM in the Craft Room.

Have a wonderful month everyone!
Stay Cool!

Kayla Johnston
Manager of Programs and Volunteer Services

RESIDENTS **COUNCIL**

**JOIN US TO DISCUSS
IMPORTANT ISSUES THAT
IMPACT YOU!**

DATE: August 15th 2017

TIME: 1:30PM

WHERE: CRAFT ROOM

Cultural Day

**Our multicultural day this
month will be held on
August 16, 2017.**

**We will be celebrating
Caribbean!**

**Some of the programs you
can participate in are
Discussions, Crafts, and
Cultural Day Party!**

**Just keep...
SWIMMING!**



**The Swimming Club will be
going swimming on
August 30, 2017!**

**Let a Life Enrichment staff know
if you would like to attend!**

**This month Please speak to
Luca!**



Happenings at Sherbourne Place



August 11 & 25: BBQ Lunch

August 14: Welcome
Committee

August 15: Residents'
Council



August 16: Cultural Day

August 22: Anglican Church
Service

August 31: Birthday Party



Local & Community Happenings in August 2017



ONTARIO
SCIENCE
CENTRE

Canada 150: Discovery Way

Canada 150: Discovery Way, the Ontario Science Centre's year-long installation about the stories behind transformational Canadian inventions and innovations, from the lightbulb to the flight recorder

When:

February 12, 2017 – November 12, 2017
770 Don Mills Rd, Toronto

Where:

Ontario Science Centre,



The Wizard of Oz

Experience the beloved family tale, The Wizard of Oz, at the Lower Ossington Theatre beginning this June. The production tells a story of a Kansas farm girl who travels over the rainbow to discover the magical power of home. Tickets begin at \$54.99.

When:

June 16th, 2017 – August 27th, 2017
100A Ossington Ave, Toronto

Where:

Lower Ossington Theatre,



Waterfront Artisan Market

Back for its second year, the Waterfront Artisan Market will make Toronto's waterfront will come alive every Saturday from May 20 until October in HTO Park. Presented by The Waterfront Business Improvement Area (BIA) and operated by Scadding Court Community Centre, Toronto's waterfront pen-air market features a carefully curated mix of 75 local, up-and-coming artisans, crafters, chefs and bakers.

When:

May 20st, 2017 – October 7th, 2017

Where:

HTO Park, Toronto

Local & Community Happenings in August 2017



Out of the Depths: The Blue Whale Story

Get up close to one of the world's most mysterious, and largest animals ever in this ROM original exhibition. Follow the 2014 story of the blue whales that captured the hearts of a nation. Tickets vary from \$19.00 - \$30.00.

When:

Every Tuesday May 25, 2017 - September 4, 2017
Queens Park, Toronto

Where:

ROM- 100



2017 Toronto Summer Music Festival

This summer, in celebration of Canada's Sesquicentennial, we will explore the music of Canada and feature the very best of Canada's many world-renowned classical performers. Tickets range from \$13.00 - \$28.00 per concert.

When:

July 13, 2017 – August 5, 2017
and Walter Hall, Toronto

Where:

Koerner Hall

Local & Community Happenings in August 2017



Rogers Cup

The women will make their return to Toronto from August 5-13, 2017 at the Rogers Cup. Thirty of the Top 35 WTA players will compete, including Genie Bouchard and Maria Sharapova for the third-oldest tournament in all of tennis, behind only Wimbledon and the US Open. The schedule of play is determined by a draw the weekend prior, and through daily eliminations.

Check the Rogers Cup website to see who will play each day.

When:

August 5 2017 - August 13, 2017

Where:

Aviva Centre, 1 Shoreham Drive, Toronto



Under the Stars

Grab a blanket and enjoy an evening under the stars. The Regent Park Film Festival will be hosting free outdoor summer screenings every Wednesday, from July 12 to August 16. There will be music and activities such as yoga, DJ workshops, soccer games, and dance classes beginning at 7:00 p.m.

before the films begin at sundown. Popcorn and refreshments will be available for sale with proceeds going towards keeping Regent Park Film Festival Annual Festival in November free.

When:

Wednesdays, July 12th - August 16th, 2017
Toronto

Where:

Regent Park,

Local & Community Happenings in August 2017

Roundhouse Craft Beer Fest

Roundhouse Craft Beer Fest is back for 2017 and brings the best in Ontario craft beer to the Roundhouse Park. The festival offers many chances to try a wide variety of locally brewed craft beer, as well as bites from Toronto's top food trucks.

When:

August 11th - August 13th, 2017

Where:

255 Bremner Blvd. John Street
Roundhouse, Toronto



Taste of the Danforth

The Taste of the Danforth festival celebrates the multicultural diversity of Toronto. From mouth-watering Greek cuisine like souvlaki and spanakopita (spinach pie) to Thai, Indian and Cuban fare, this street festival in the heart of Toronto's Greek town satisfies hungry mouths summer after summer.

FREE ADMISSION.

When:

August 11th - August 13th, 2017

Where:

Danforth Ave- between Broadview
and Donlands, Toronto

Local & Community Happenings in August 2017

Toronto Public Library – Parliament Street
269 Gerrard St. East
416-393-7663

The 519 – LGBTQ communities
519 Church Street
416-392-6874



Sports Corner with Elgene



Hello again sports fans. Welcome to the dog days of August.

This is the month where the baseball contenders and pretenders are separated. Unfortunately, this season, the Jays appear to be pretenders. They have not been able to sustain any type of consistent play. This has left them a bunch of games below the .500 mark. Realistically, the Blue Jays would have to win 2/3 games the rest of the way to have a shot at a 3rd straight post season appearance.

There are some very strong contenders for the World Series crown this year. The Red Sox led by Dustin Pedroia and Chris Sale are a very solid team. The Houston Astros are also very strong led by their dynamic second baseman Jose Altuve. These are just a few teams the Jays have to find a way to beat if they hope to keep their slim playoff hopes alive.

See you all for the September stretch run.

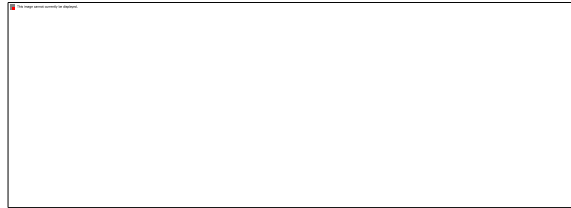
Welcome Committee

Sherbourne Place is looking for residents to be a part of the
Welcome Committee!

Our first meeting will be held on August 14,2017!

Where: Craft Room

Time: 2:30PM



Welcome to the REKAI Family...



Adrienne D.

Elaine C.

Ene P.

Pearl T.

Sofia L.

Does your loved one require 1:1 visits with a volunteer?

Volunteers at Sherbourne Place can spend time with your loved one while engaging in various leisure activities such as outdoor strolls in the park, a trip to the library or coffee shop, reading and reminiscing.

If you would like to sign your loved one up for 1:1 volunteer visits please contact the Life Enrichment Staff on your floor.

**Kayla Johnston – 416-964-1599 ext. 233
(Manager of Programs)**

Alyssa – 2nd floor

Lucy – 3rd floor

Luca – 4th floor

416-964-1599 ext. 252



Dear Residents, Family and Friends

We want to know your feedback!!!

- What kinds of programs do you want to see?
 - Do you enjoy the programs we have now?
- What kinds of outings would you like to go on?
- What kind of themed parties and events would you like to see?

We want to know your input. Please feel free to leave your suggestions in the LE drop box, or with the Life Enrichment Staff on your floor.

Kayla Johnston – 416-964-1599 ext. 233 (Manager of Programs)

Alyssa – 2nd floor

Lucy – 3rd floor

Luca – 4th floor

416-964-1599 ext. 252



ALL ABOARD!

Everyone should be able to experience a cruise on the Grand River!

Join us on Monday August 21st as we set sail on a lunch cruise down the Grand River.

Family & Friends Welcome!

When: August 21st

Time: We will be leaving SP at 9:00AM. Boarding time is 11:30AM. Cruise length is 2 hours.

Cost: \$35.00 Per Person

Lunch Menu: Fresh Baked Muffins & Juice upon boarding, home-baked bread, sliced roast beef (can be substituted with chicken or pasta), mashed potatoes, vegetables, home-baked apple pie, tea/coffee.

Spots are limited!

To reserve your spot please contact the Manager of Programs & Volunteer Services Kayla Johnston at 416-964-1599 ext. 233



LOCATION CHANGES AT **SHERBOURNE PLACE**

LIFE ENRICHMENT

As many of you have probably noticed there have been some location changes at Sherbourne Place.

The Life Enrichment staff have moved upstairs! The offices in the Craft Room are now where you can find the Life Enrichment Team! The LE department also has new phone extensions.

For the Director of Community Partnerships, Programs & Volunteer Services or the Manager of Programs and Volunteer Services please call 416-964-1599 ext. 233

For any of the Life Enrichment Aides (Alyssa, Lucy or Luca) please call 416-964-1599 ext. 252

ANNIE WONG

Annie Wong's office is now located downstairs. If you need her please see the Receptionist.

Trust Hours with Annie during regular work days are:

**Monday-Friday
9:15AM-9:45PM
Main Floor Dining Room Table**

**Monday-Friday
2:00PM-3:00PM**

Taking requests at reception area. Annie will distribute trust monies in that time interval

Looking Back July

Picnic at the park & Riverdale Farm



Fallsview Casino



Sunshine Centre





August Bus Outings

August 17: Sunshine Centre

Contact: Lucy

Cost: \$7

August 21: Grand River Cruise

Contact: Kayla

Cost: \$35

August 23: Music Garden Tour

Contact: Luca

Cost: FREE

**August 24: Canada National
Exhibition**

Contact: Alyssa

Cost: FREE

August 25: Sunshine Centre

Contact: Alyssa

Cost: \$7

August 30: Swimming Club

Contact Luca

Cost:\$12

August 30: Black Creek Village

Contact: Luca

Cost: \$40

August Birthday



Jnanendra B.	August 01
Norris W.	August 02
Wilfred M.	August 07
Sui Ching W.	August 10
Lynda G.	August 15
Elizabeth E.	August 15
Kawi Fong L.	August 17
Lillian M.	August 17
Sheila M.	August 21
Joan S.	August 21
Harry G.	August 23
George M.	August 24
Zurhe D.	August 30

IN MEMORY OF....



*Choy Yuk C.
Marilyn S.*



SHERBOURNE PLACE

UPCOMING BUS OUTINGS



September:

Chudleigh's Apple Farm
Sunshine Center for seniors
Swimming at Variety Village



October:

Howling Hootenany (Black Creek Pioneer Village)
Swimming at Variety Village
Lunch Outing!
More to be announced...

**Please stay tuned for upcoming outings and further details in
the next few months ...**