

NOVEMBER 2018

Sherbourne Reporter



Table of Contents

Page 1:

A Message from the Director of Programs,
Community Partnerships and Volunteer
Services

Page 2:

Residents Council Update and Cultural Day
Party

Page 3:

Happenings at Sherbourne Place,

Page 4 -7:

Local & Community Happenings in
November 2018

Page 8:

Volunteer Requests and Services

Page 9:

Resident, Family and Friends Feedback

Page 10:

Sports Update With Elgene

Page 11:

Gender & Sexuality Alliance (GSA)

Page 12:

Autumn Fun at Sherbourne Place

Page 13:

Welcome to the Reikai Family

Page 14:

Upcoming November Bus Outings,
Residents November Birthdays,
Remembering our friends

Page 15

Upcoming Monthly Bus Outings

A Message from the Manager of Programs & Volunteer Services...

Hello Everyone!

I would like to announce a few changes that are happening in the Life Enrichment Department. I regret to inform you all the Cristina has decided to accept another career opportunity. We wish her all the best in her new endeavour. Sydney Ferguson, will be relocating from Wellesley Central Place to Sherbourne Place as the new Life Enrichment Staff on 2nd floor. She will begin her new position on November 26th 2018.

Please join me in welcoming her to Sherbourne Place!

November is a very busy time for the Life Enrichment department as we begin our preparation for the Holidays.

Our Holiday parties are scheduled for

December 4th – 2nd floor

December 5th – 3rd floor

December 6th – 4th floor

Parties will be held from 6:30-8:00pm.

Lest we forget, on November 11th we will be having a Remembrance Day Service to remember all the brave men and women who fought & continue to fight to protect our great country. The service will begin at 10:45AM.

Thank you,
Kayla Johnston
Manager of Programs & Volunteer Services.

RESIDENTS COUNCIL

JOIN US TO DISCUSS
IMPORTANT ISSUES THAT
IMPACT YOU!

DATE: **Tuesday November
13th 2018**

TIME: 1:30PM

WHERE: CRAFT ROOM



Cultural Day

Our multicultural day this
month will be held on
**Wednesday November
7th.**

We will be celebrating
Croatia!

Some of the programs you
can participate in are
Discussions, Crafts, and
Cultural Day Party!

Cultural Day



*Some of the programs you can
participate in are Discussions, Trivia,
Traditions and the Cultural Day Party!*

Happening at Sherbourne Place

Friday Night Film – November 2nd

Ladies Club – November 3rd

Berea Community Services Day – November
3rd

Pet Therapy – November 4th

Horticultural Therapy – November 5th

Pub Night – November 7th

Cultural Day: Croatia – November 8th

Dragon City November – 9th

Discussion Group: Remembrance Day –
November 9th

Buddhist Temple – November 10th

Remembrance Day Service – November 11th

Bowling – November 12th

Faith & Spirituality with Cindy – November
13th

LGBTQ2s+ Movie Night: Milk – November
13th

Photo Day with Ryerson! – November 14th

Sing Along with Kathy – November 16th

Woodbine Racetrack – November 17th

Breakfast Club – November 19th

Intergenerational Visits – November 20th

Coffee Social with Ryerson – November 21st

Chinese Short Term Mission – November
21st

Chinese Gospel Church Visit – November
22nd

Men's Club – November 24th

Discussion Group: LGBTQ2s+ Justice –
November 26th

Anglican Church Service – November 27th

Shopping Trip – November 27th

Deck the Halls – November 28th

Cooking Class: Create Your Own Pizza! –
November 28th

Birthday Party – November 30th

Always
&
Forever



Local & Community Happenings in November 2018



Hockey Hall of Fame Stanley Cup 125th Anniversary Tribute

Celebrating 125 years of hockey's greatest treasure. If the Stanley Cup could talk, imagine the stories it could tell. Get hands-on-access to the Stanley Cup and immerse yourself into the rich history of Hockey's Holy Grail. Catch this limited-time tribute which ends December 31, 2018. This event takes place Every Tuesday from 10 am-5 pm. Cost: \$15.00 for seniors' ticket.

When: March 27 2018 – December 31 2018

Where: 30 Yonge Street, Toronto



The Royal Agricultural Winter Fair

Enjoy 10 days of world-class livestock and horticultural competition, dining and culinary experiences, shopping, entertainment and the country's best horse show on historic Exhibition Grounds. This 96-year-old annual event is one of Toronto's most unique experiences and fun for adults as well as the entire family.

When: Nov 2-11.

Where: Enercare Centre 100 Princes' Blvd, Toronto, Ontario

Cost: \$27.50, srs \$20, youth \$16, child under 3 free
All tickets are \$15 Monday to Thursday after 4 pm.



St Lawrence Market & Old Toronto Food Tour

Taste where Toronto began! Over 200 years ago, indigenous people traded goods from canoes and fished for salmon on the shores of Lake Ontario behind where the market stands today. Join us around old town for a brief history lesson before we enter the market to taste Portuguese treats, authentic Jewish bagels, candied salmon, local Ontario cheeses, genuine Ukrainian perogies and the iconic peameal bacon sandwich enjoyed by several famous chefs including Emeril Lagasse, Anthony Bourdain, and Guy Fieri. Event Runs 10am-5pm.

When: Every Friday May 25 2018- December 31 2018

Where: St. Lawrence Market, Toronto

Local & Community Happenings in November 2018



Indoor Winter Farmers' Market

A wide selection of local farmers and food artisans. Organic veg, cheese, bake-oven bread and prepared foods as well as ethically raised meat, honey and more. Complimentary tea by the fireside. 2-6 pm. Free admission.

When: Nov 7-Spring 2019 (no market December 26 or January 2)

Where: Montgomery's Inn 4709 Dundas W, Toronto, Ontario

Cost: Free!



Regent Park Film Festival

The 16th annual Regent Park Film Festival showcases local and international independent works relevant to people from all walks of life, with a focus on inviting those of us from low-income and public housing communities.

When: Nov 14-17, see website for schedule.

Where: Daniels Spectrum 585 Dundas E, Toronto, Ontario

Cost: Free admission (seats go quickly; reserve in advance).



West Neighbourhood House Bazaar

Handmade craft items made by the volunteer participants at the West Active Living and Learning Centre at WNH, plus a bake sale, handmade cards, felting demonstration and more.

When: Nov 20-22, Tue 10:30 am-7 pm, Wed-Thu 10 am-4:30 pm.

Where: West Neighbourhood House 248 Ossington, Toronto, Ontario M6J 3A2

Cost: **Free admission!** Proceeds from this event will help support seniors programming offered by the West Living and Learning Centre.

Local & Community Happenings in November 2018



One of a Kind Winter Show 2018

Rooted in our purpose to champion creativity, One of a Kind brings together a community of like-minded individuals to exchange ideas, stories and objects through the culture of craft. The 2018 Winter Show will provide an opportunity where makers, enthusiasts and the craft-curious can connect, shop and celebrate the best in Canadian made.

When: Nov 22 to Dec 2, Mon-Sat 10 am-9 pm, Sun 10 am-6 pm. Late night: Nov 29, 10 am-11 pm.

Where: Enercare Centre 100 Princes' Blvd, Toronto, Ontario

Cost: \$7.50-\$13, passes/packages available.

Aurora Winter Festival

Enchanting elements inspired by the North Pole including magical characters, captivating light displays, Santa's workshop, artificial snow tube park, ice skating pond and other games and activities.

When: Nov 29-Dec 30, Wed-Sun 4-10 pm, see website for exact schedule (tickets must be purchased in advance for specific entry times).

Where: Ontario Place – East Island 955 Lake Shore W, Toronto, Ontario

Cost \$15-\$20; family of 5 pass \$60.



Making History: The Women of Frankie Drake Mysteries & 1920's Toronto

Stop by the Spadina Museum to explore the fascinating lives of women in 1920's Toronto, and how their challenges and triumphs are reflected in the lives of the characters of the CBC drama Frankie Drake Mysteries. Check out props and costumes from the show, along with authentic 1920's artifacts. FREE EVENT.

When: Every Tuesday (July 5-December 31 2018)
12:00 PM- 5:00 PM

Where: Spadina Museum (285 Spadina Rd), Toronto



Local & Community Happenings in November **2017**

Toronto Public Library – St. James Town Branch
495 Sherbourne Street
416-393-7744

Wellesley Community Centre
495 Sherbourne Street
416-392-0227

The 519 – LGBTQ communities
519 Church Street
416-392-6874



Does your loved one require 1:1 visits with a volunteer?

Volunteers at Sherbourne Place can spend time with your loved one while engaging in various leisure activities such as outdoor strolls in the park, a trip to the library or coffee shop, reading and reminiscing.

If you would like to sign your loved one up for 1:1 volunteer visits, please contact the Life Enrichment Staff on your floor.



Kayla Johnston – 416-964-1599 ext. 233
(Manager of Programs)

Cristina – 2nd floor

Lucy – 3rd floor

Luca – 4th floor

416-964-1599 ext. 252

Dear Residents, Family and Friends

We want to know your feedback!!!

- What kinds of programs do you want to see?
- Do you enjoy the programs we have now?
- What kinds of outings would you like to go on?
- What kind of themed parties and events would you like to see?

We want to know your input. Please feel free to leave your suggestions in the LE drop box, or with the Life Enrichment Staff on your floor.

Kayla Johnston – 416-964-1599 ext. 233 (Manager of Programs)

Cristina – 2nd floor

Lucy – 3rd floor

Luca – 4th floor

416-964-1599 ext. 252



Sports Update with Elgene

Welcome to November, everyone.

As expected, both the Maple Leafs and Raptors have gotten off to red hot starts. The Leafs have been led by Auston Matthews and John Tavares. Matthews had multiple points in his first 7 games while Tavares continues to put up points seemingly at will. The one point of concern remains whether or not the Leafs will be good enough defensively come playoff time.

Fortunately, they still have 5 months to figure that out. Hopefully, one of their prospects can mature early enough to help them later down the line this season.

The Raptors have also been very impressive. Kawhi Leonard has been everything they have hoped for and more. The centerpiece in the Demar DeRozan trade has amazed all Raptor fans with his incredible offence as well as his unbelievable defence. In my opinion, this has been the biggest improvement that he has brought to the Raptors. He is one of the best defensive players in the world. Leonard has allowed other players such as Kyle Lowry to flourish around him. This team is for real.

Enjoy the month of sports.

See you in December.

Elgene, Physiotherapist



Gender & Sexuality Alliance (GSA)

The GSA welcomes all community members interested, LGBTQ2S+ and non-LGBTQ2S+. Please contact **Barbara Michalik** – Director of Community Partnerships, Programs and Volunteer Services at **416-929-9385** **ext:265** or **barbaram@rekaicentres.com**, if interested.



Our next GSA meeting is scheduled for:

November 27th 2018

GSA Events This Month:

LGBTQ2s+ Movie Night: Milk – November 13th

Discussion Group: LGBTQ2s+ Justice – November 26th



Autumn Fun at Sherbourne Place!



Welcome to the REKAI Family...

Barbara C

Franz K

Ingrid L

Ian M

Marion M

Cheryl P



October Bus Outings



Lunch at Dragon City

November 9th 2018

10:45AM-2:00PM

Contact: Lucy Zhou

Bowling

November 12th 2018

1:00PM-4:30PM

Contact: Luca
Occhuizzi

Woodbine Race Track

November 17th 2018

11:00AM-3:00PM

Contact: Cristina
Parmanand

Shopping Day at the Mall

November 27th 2018

1:00PM-4:00PM

Contact: Kayla
Johnston

November Birthdays

In astrology, those born between November 1–21 are Scorpios. Scorpios are passionate, deep, and intense—qualities that help them counsel others in deep and meaningful ways. Resourceful and determined, Scorpios give their all when it comes to following their hearts. Those born between November 22–30 are the Archers of Sagittarius. Sagittarians are travelers, open-minded, and constantly in search for meaning. Extroverted and optimistic, Archers seek change and take concrete steps to achieve their goals.

Zenadia S – November 1st

Robert S – November 3rd

Ahmed A – November 4th

Jo Ann N – November 5th

Peter B – November 10th

Steven B – November 13th

Raymond N – November 23rd



In Loving Memory of....

Shirley Ritchie





UPCOMING BUS OUTINGS



December:

Swiss Chalet Lunch
Christmas Lights Tour
Christmas Movie

January:

Ripley's Aquarium
Marlies Game
Night at the AGO

February:

Mandarin Buffet
Royal Ontario Museum
All Fired Up Ceramics

**Please stay tuned for upcoming outings and further details in
the next few months ...**