

OCTOBER 2018

The Reporter

The Re kai Centres: Sherbourne Place * 345 Sherbourne St * Tel: 416-964-1599* Fax:416-964-3907



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A Message from the Manager of Programs & Volunteer Services...

Hello Everyone!

Fall is in full swing at Sherbourne Place! October is going to be an exciting month with lots of exciting programs and outings to look forward to as well as Elections! Be sure to check your calendars for dates and times!

October Highlights:

Pumpkin Pie Social – October 8th
Pub Night – October 10th
Cultural Day: Poland – October 11th
Breakfast Club – October 12th
Singing with Kathy – October 12th
1:1 Spiritual Care – October 15th
Birthday Party – October 15th
General Election – October 22nd
Faith and Spirituality with Cindy – October 23rd
Memorial service – October 25th
Pumpkin Carving – October 30st

October Outings:

Mandarin Buffet – October 1st
Picnic at High Park – October 16th
Swimming Club at YMCA – October 24th

Have a wonderful month everyone!
Happy Thanksgiving & Halloween!

Kayla Johnston
Manager of Programs & Volunteer Services

RESIDENTS **COUNCIL**

JOIN US TO DISCUSS
IMPORTANT ISSUES THAT
IMPACT YOU!

DATE: Tuesday October 9th, 2018

TIME: 1:30PM

WHERE: CRAFT ROOM



Cultural Day

Our multicultural day
this month will be
held on

October 11th, 2018.

We will be celebrating
Poland!

Some of the programs
you can participate in
are Discussions,
Crafts, and Cultural
Day Party!

Just keep...

SWIMMING!



**The Swimming Club will be
going swimming on
Wednesday October 24th 2018 to
the YMCA!
Let a Life Enrichment staff
know if you would like to
attend!**



*Some of the programs you can participate
in are Discussions, Trivia, Traditions and
the Cultural Day Party!*

Happenings at Sherbourne Place

Mandarin – October 1st

LGBTQ2+ Short stories – October
2nd

Roman Catholic Mass – October
5th

Pumpkin Pie Social – October 8th

Residents Council – October 9th

Pub Night – October 10th

Cultural Day: Poland – October
11th

Breakfast Club – October 12th

Singing with Kathy – October 12th

1:1 Spiritual Care – October 15th

Birthday Party – October 15th

Outing: High Park – October 16th

General Election – October 22nd

Faith and Spirituality with Cindy –
October 23rd

Outing: YMCA – October 24th

Memorial service – October 25th

Intergen Visits – October 30th

Pumpkin Carving – October 30st

Costume Party – October 31st



Local & Community Happenings in October 2018



Hockey Hall of Fame Stanley Cup 125th Anniversary Tribute

Celebrating 125 years of hockey's greatest treasure. If the Stanley Cup could talk, imagine the stories it could tell. Get hands-on-access to the Stanley Cup and immerse yourself into the rich history of Hockey's Holy Grail. Catch this limited-time tribute which ends December 31, 2018. This event takes place Every Tuesday from 10 am-5 pm. Cost: \$15.00 for seniors' ticket.

When: March 27 2018 – December 31 2018

Where: 30 Yonge Street, Toronto



Drop In Clay Classes

Explore the potential of working with clay (without the commitment) in one of the Gardiner Museum's weekly Drop in Classes. **Drop-In Classes happen every Wednesday, Friday, and Sunday, with online registration opening at 10 am the morning of each class.** Experiment with various hand building, wheel throwing, and decorating techniques under the guidance of one of our experienced artist instructors. You'll have access to a professional ceramics studio. Tickets: \$15 Adults, \$12 Gardiner Friends, \$12 Seniors/Students, \$5 Child under 12, \$5 Firing Fee / piece.

When: Starting January 3 2018

Where: Gardiner Museum, Toronto



St Lawrence Market & Old Toronto Food Tour

Taste where Toronto began! Over 200 years ago, indigenous people traded goods from canoes and fished for salmon on the shores of Lake Ontario behind where the market stands today. Join us around old town for a brief history lesson before we enter the market to taste Portuguese treats, authentic Jewish bagels, candied salmon, local Ontario cheeses, genuine Ukrainian perogies and the iconic peameal bacon sandwich enjoyed by several famous chefs including Emeril Lagasse, Anthony Bourdain, and Guy Fieri. Event Runs 10am-5pm.

When: Every Friday May 25 2018- December 31 2018

Where: St. Lawrence Market, Toronto

Local & Community Happenings in October 2018

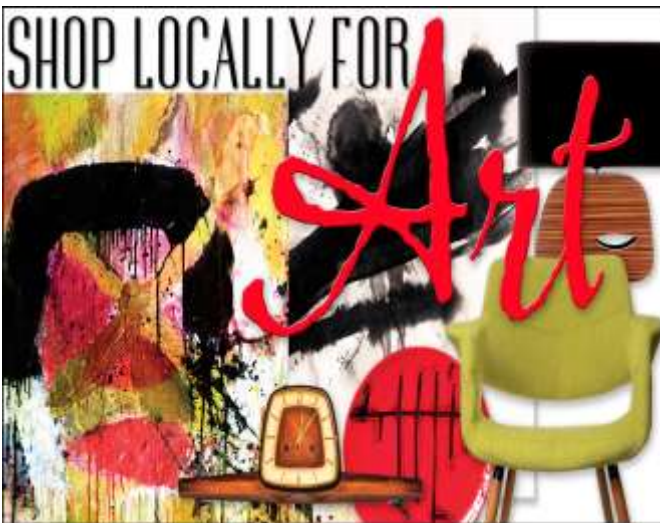


East York Farmers Market

Ontario farmers market since 1999, with fruit, vegetables, mushrooms, honey, bakery products, maple syrup, jams, and jellies. All products are grown or produced in Ontario from Ontario produce. Event runs from 8:00 am- 2:00 pm daily. FREE admission and event.

When: Every Tuesday May 15 2018 – October 30 2018

Where: East York Civic Centre- 850 Coxwell Ave, East York, Toronto



Artwalk 2018

Presenting a free fun fall event providing 3 weeks of art exhibits, displayed in local store windows. The public is invited to take a stroll through our Village and view as many displays as possible. Everyone will have a chance to vote for their favourite window display by going on-line to the BIA's website to vote for the 'PEOPLE's CHOICE AWARD'. FREE EVENT.

When: October 4, 2018 - October 24, 2018

Where: On Yonge Street, Lawrence Ave to Yonge Blvd
East & West sides of Yonge Street, Lawrence Ave to Yonge Blvd



Junction Farmers Market

The Junction Farmers Market is an independent non-profit local farmers' market in the heart of The Junction, Toronto. The Market provides local, sustainably produced fresh foods in ways that build community, support local food growers and producers, and promote access to healthy food for all. Come eat with us in The Junction! FREE ADMISSION.

When: Every Saturday beginning May 26 2018 – November 3 2018 (9:00 AM- 1:00 PM)

Where: Junction Train Platform – 2960 Dundas St W

Local & Community Happenings in October 2018



Empty Bowls

What: Empty Bowls is an event to help the homeless, with all proceeds going to Anishnawbe Health Toronto. Potters and other artists donate over 400 bowls to be filled with soups made by some of Ontario's best chefs. At the end of the event, attendees can even take the bowls home. The event last year raised over \$15,000 and this year's event will be a blast.

When: October 11

Time: 5 pm to 7 pm

Where: Gardiner Museum

Price: Admission is \$55



Toronto Art Crawl

The 2nd annual Toronto Art Crawl Night Market & Live Auction is truly the most unique event you will ever attend in Toronto! Peruse the works of 50 super talented Toronto artists and designers, enjoy our delicious food vendors, live music and cash bar and place your bids at our **LIVE AUCTION from 8PM-9PM**, your chance to walk away with one of a kind pieces while experiencing what it is like to partake in a Live Auction! The first 25 attendees will get a chance to walk away with some awesome swag bags worth \$50+ so arrive early!

When: Friday October 5 2018 (6:00PM- 11:00 PM)

Where: The Great Hall, 1087 Queen Street West, Toronto



Making History: The Women of Frankie Drake Mysteries & 1920's Toronto

Stop by the Spadina Museum to explore the fascinating lives of women in 1920's Toronto, and how their challenges and triumphs are reflected in the lives of the characters of the CBC drama Frankie Drake Mysteries. Check out props and costumes from the show, along with authentic 1920's artifacts. FREE EVENT.

When: Every Tuesday (July 5-December 31 2018)
12:00 PM- 5:00 PM

Where: Spadina Museum (285 Spadina Rd), Toronto

Local & Community Happenings in October 2017

Toronto Public Library – St. James Town Branch
495 Sherbourne Street
416-393-7744

Wellesley Community Centre
495 Sherbourne Street
416-392-0227

The 519 – LGTBQ communities
519 Church Street
416-392-6874



We Remember Them...



Please join us for Sherbourne Place'
Memorial Service.

Date: Thursday, October 25th, 2018

Time: 2:00 PM

Location: Chapel

Light Refreshments will be served.

Does your loved one require 1:1 visits with a volunteer?

Volunteers at Sherbourne Place can spend time with your loved one while engaging in various leisure activities such as outdoor strolls in the park, a trip to the library or coffee shop, reading and reminiscing.

If you would like to sign your loved one up for 1:1 volunteer visits, please contact the Life Enrichment Staff on your floor.



Kayla Johnston – 416-964-1599 ext. 233
(Manager of Programs)

Cristina – 2nd floor

Lucy – 3rd floor

Luca – 4th floor

416-964-1599 ext. 252

Dear Residents, Family and Friends

We want to know your feedback!!!

- What kinds of programs do you want to see?
- Do you enjoy the programs we have now?
- What kinds of outings would you like to go on?
- What kind of themed parties and events would you like to see?

We want to know your input. Please feel free to leave your suggestions in the LE drop box, or with the Life Enrichment Staff on your floor.

Kayla Johnston – 416-964-1599 ext. 233 (Manager of Programs)

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Sports Update with Elgene

Welcome to October sports fans.

This month the Toronto Maple Leafs and Toronto Raptors begin their quest for championship glory. For the first time in history both teams are a very strong contender for their respective championships.

The Leafs have been looking very strong in the preseason. Both Auston Matthews and John Tavares have been lighting up the scoresheet while leading their teams to victories. The fact that there are so many talented Leafs has provided the younger players a chance to develop more slowly compared to seasons past. This should pay dividends later on in the season where the Leafs could possibly look to their farm system to shore up some weak spots that might develop through injuries.

The Raptors also have a completely new look. They are banking on this particular season to win a championship. If they do not, then they face the strong possibility of losing their new star Kawhi Leonard to free agency at seasons end. Therefore, unlike the Maple Leafs, there is a real sense of urgency to this season. With a new head coach and several new faces, this will be a very interesting season. Training camp gets underway near the end of the month.

Well, that's all for now. Don't forget that it is Halloween this month. So, don't forget to dress up. Maybe as a Maple Leaf or a Raptor.

See you all in November.

Elgene, Physiotherapist



Gender & Sexuality Alliance (GSA)

The GSA welcomes all community members interested, LGBTQ2S+ and non-LGBTQ2S+. Please contact **Barbara Michalik** – Director of Community Partnerships, Programs and Volunteer Services at **416-929-9385 ext:265** or **barbaram@rekaicentres.com**, if interested.



Our next GSA meeting is scheduled for:

November 2018

GSA Events This Month:

LGBTQ2+ Short stories – October 2nd

LGBTQ Discussion Group: Justice – October 19th



September FUN at Re kai Sherbourne Place!!



Welcome to the REKAI Family...

Eugenia D

Rene J

Janos M

Yik Sze “Bobby” T

Alexandra Y



October Bus Outings



October 1st: Mandarin Buffet

10:30AM-2:30PM

Contact: Lucy Zhou

Cost: Senior's pay ½ Price!!

October 16th: Picnic at High Park

1:30PM-3:00PM

Contact: Cristina Parmanand

Cost: FREE

October 24th : Swimming at Cooper Koo YMCA

1:30PM-4:00PM

Contact: Luca Occhuizzi

Cost: FREE

October Birthdays

In astrology, those born from October 1 to 22 balance the scales of Libra. Libra epitomizes fairness and harmony in all dealings large and small. Sincere, beautiful, and romantic, Libra will work hard to keep all relationships on an even keel with boundless grace and charm. Those born between October 23 and 31 are Scorpios. Scorpios are passionate, deep, and intense, qualities that help them counsel others in deep and meaningful ways. Resourceful and determined, Scorpios give their all when it comes to following their hearts.

Jean B – October 1st

Yen Ha L – October 2nd

Wing Han C – October 5th

Lawrence M – October 6th

Kwong Y – October 7th

Cecil E – October 8th

Jane R – October 9th

Mng Gook C – October 10th

Raymond K – October 11th

Barry V – October 12th

Robert H – October 21st

Kwong Yuk L – October 25th



In Loving Memory of....

Stuart Nicol

George Rigo

Thomas Weir





UPCOMING BUS OUTINGS



November:

Shopping Trip
Night at the Movies
Bowling

December:

Swiss Chalet Lunch
Christmas Lights Tour
Christmas Movie

**Please stay tuned for upcoming outings and further details in
the next few months ...**