

SEPTEMBER 2018

# The Reporter

The Rekai Centres: Sherbourne Place \* 345 Sherbourne St \* Tel: 416-964-1599\* Fax:416-964-3907



## Table of Contents

### Page 1:

A Message from the Director of Programs,  
Community Partnerships and Volunteer  
Services

### Page 2:

Residents Council, Cultural Day, Quote of the  
Month

### Page 3:

Happenings at Sherbourne Place

### Page 4 -7:

Local & Community Happenings in September  
2017

### Page 8:

Volunteer Requests and Services

### Page 9:

Resident, Family and Friends Feedback

### Page 10:

Sports Update with Elgene

### Page 11:

August Fun at Sherbourne Place

### Page 12:

Welcome to the Rekai Family

### Page 13:

Upcoming Monthly Bus Outings

### Page 14:

Residents September Birthdays, Remembering  
our friends

## **A Message from the Manager of Programs and Volunteer Services...**

Wow – it's hard to believe summer has come and gone and fall is upon us. The kids are back to school and summer vacation is over. Summer may be coming to an end but things are heating up in the Life Enrichment Department! The team is working hard to bring you new and exciting programs this fall! Check out the calendars for what's happening this month!

### **Calendar Highlights:**

September 1<sup>st</sup> – CFL Saturday: Winnipeg vs. Calgary

September 8<sup>th</sup> – Buddhist Temple Visit

September 12<sup>th</sup> – ROM: Traveling Museum

September 17<sup>th</sup> – Cultural Day: Brazil

September 18<sup>th</sup> – Intergenerational Visits

September 19<sup>th</sup> – Spiritual Care support

September 20<sup>th</sup> – Horticultural Therapy

September 20<sup>th</sup> – Alzheimer's Coffee and Bake Sale

September 24<sup>th</sup> – Autumn Festival

### **Outings:**

September 10<sup>th</sup> – Toronto Zoo Outing

September 12<sup>th</sup> – Toronto Island Cruise

September 24<sup>th</sup> – Fontaine show @ 519

September 28<sup>th</sup> – Outing Sunshine center

Have a great month everyone!

Kayla Johnston

Manager of Programs and Volunteer Services

## **RESIDENTS** **COUNCIL**

JOIN US TO DISCUSS  
IMPORTANT ISSUES  
THAT IMPACT YOU!

DATE: September 11<sup>th</sup>,  
2018

TIME: 1:30PM

WHERE: CRAFT ROOM

**DON'T LIMIT YOUR  
CHALLENGES.  
CHALLENGE YOUR  
LIMITS.**

SLICKWORDS.COM

## **Cultural Day**

Our multicultural day  
this month will be  
held on

**September 17<sup>th</sup>,  
2018.**

We will be celebrating  
**Brazil!**

Some of the programs  
you can participate in  
are Discussions,  
Crafts, and Cultural  
Day Party!



## Happenings at Sherbourne Place

September 1<sup>st</sup> – CFL Saturday: Winnipeg vs. Calgary

September 4<sup>th</sup> – Pet therapy

September 5<sup>th</sup> – LGBTQ2S+ Short stories

September 7<sup>th</sup> – Roman Catholic Mass

September 8<sup>th</sup> – Buddhist Temple Visit

September 10<sup>th</sup> – Toronto Zoo Outing

September 11<sup>th</sup> – Residents Council

September 12<sup>th</sup> – Toronto Island Cruise

September 12<sup>th</sup> – ROM: Traveling Museum

September 13<sup>th</sup> – Birthday Party

September 17<sup>th</sup> – Cultural Day: Brazil

September 18<sup>th</sup> – Intergenerational Visits

September 18<sup>th</sup> – Anglican Church service

September 19<sup>th</sup> – Chinese Mission Group

September 19<sup>th</sup> – Spiritual Care support

September 20<sup>th</sup> – Horticultural Therapy

September 20<sup>th</sup> – Alzheimer's Coffee and Bake Sale

September 24<sup>th</sup> – Autumn Festival

September 24<sup>th</sup> Community Outing:

Fontaine show @ 519

September 28<sup>th</sup> – Outing Sunshine center



# Local & Community Happenings in September 2018



## Shakespeare in High Park

Now in its 36th season of outdoor theatre magic, Shakespeare in High Park presents adventurous adaptations of two of the Bard's most popular and enduring works. The tragic romance of Romeo and Juliet and the frolicking comedy of A Midsummer Night's Dream immerse you in tales of rebellious love in the face of authority — the best way to spend a summer night in Toronto, and the official start to our 18.19 season.

**When:** Every Wednesday from July 6 2018- September 2 2018

**Where:** High Park Amphitheatre, Toronto



## Hockey Hall of Fame Stanley Cup 125<sup>th</sup> Anniversary Tribute

Celebrating 125 years of hockey's greatest treasure. If the Stanley Cup could talk, imagine the stories it could tell. Get hands-on-access to the Stanley Cup and immerse yourself into the rich history of Hockey's Holy Grail. Catch this limited-time tribute which ends December 31, 2018. This event takes place Every Tuesday from 10 am-5 pm. Cost: \$15.00 for seniors' ticket.

**When:** March 27 2018 – December 31 2018

**Where:** 30 Yonge Street, Toronto



## St Lawrence Market & Old Toronto Food Tour

Taste where Toronto began! Over 200 years ago, indigenous people traded goods from canoes and fished for salmon on the shores of Lake Ontario behind where the market stands today. Join us around old town for a brief history lesson before we enter the market to taste Portuguese treats, authentic Jewish bagels, candied salmon, local Ontario cheeses, genuine Ukrainian perogies and the iconic peameal bacon sandwich enjoyed by several famous chefs including Emeril Lagasse, Anthony Bourdain, and Guy Fieri. Event Runs 10am-5pm.

**When:** Every Friday May 25 2018- December 31 2018

**Where:** St. Lawrence Market, Toronto

## Local & Community Happenings in September 2018



### CNE

From thrilling rides to international cuisine and the latest and greatest in Canadian technology, the Canadian National Exhibition (CNE), otherwise known as “The Ex,” is an end-of-summer ritual. Enjoy its labyrinths of music, swirling candy-coloured lights and the squeals of satisfied thrill-seekers.

**When:** August 17th – September 3rd 2018

**Where:** St. Lawrence Market, Toronto



### Ashkenaz Festival

The Ashkenaz Festival will once again feature artists from across Canada and around the world, including Israel, Russia, Poland, Italy, Australia, Brazil, and the US. Our weeklong celebration will simultaneously showcase diversity and cross-culturalism within the Jewish music and arts world. This year’s Festival will shine a spotlight on women in Jewish music and culture, highlighting great female artists, past and present, and conveying their centrality in creating, maintaining and evolving Jewish musical and artistic traditions.

**When:** August 28, 2018 - September 3, 2018

**Where:** Harbourfront Centre 235 Queens Quay W



### AIDS Walk Toronto

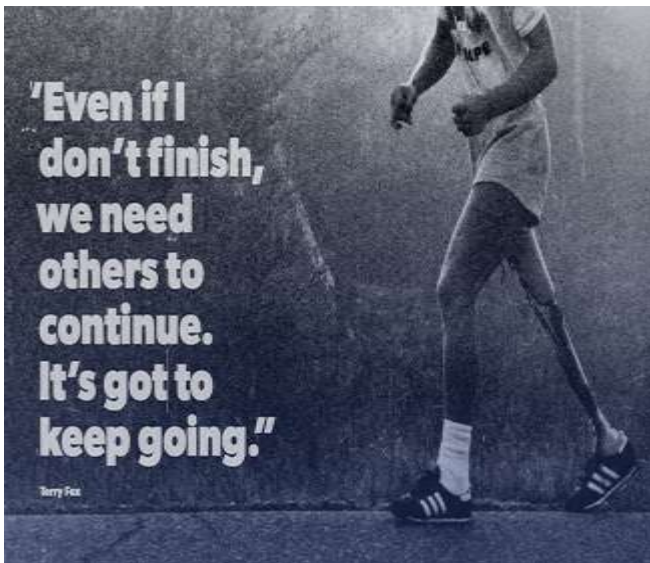
Come join us for the 30th Anniversary of the AIDS Walk Toronto and demonstrate visible support for the people in our community living with HIV. There will be entertainment, a community fair and coming together as we walk to advocate for change, celebrate what we've accomplished, and remember the loved ones we have lost. Register today at [aidswalk30.com](http://aidswalk30.com) to begin your fundraising efforts, helping the AIDS Committee of Toronto (ACT) bring free support services and programs to men, women and youth living with and/or affected by HIV.

**When:** September 16, 2018 10:00 am - 3:00 pm

**Where:** Nathan Phillips Square 100 Queen St W

**Cost:** Free Set your own donation amount!

# Local & Community Happenings in September 2018



## UCC Terry Fox Community Fun Run, Walk, Ride

Sign-up for the UCC Terry Fox Community Fun Run, Walk, Ride. The day includes 5 & 10 km routes (stroller, bike and dog friendly), yoga, music, Food Fair, Kids Fun Zone and Wellness Zone. Be an on-site Contributor and share your product or service in the giving spirit of Terry Fox and support Terry's Dream to find a cure for all cancers. Visit [www.terryfoxrunucc.org](http://www.terryfoxrunucc.org).

**When:** September 16, 2018 8:00 am - 2:00 pm

**Where:** Prep Field, Upper Canada College 200 Lonsdale

**Cost:** Free

## Toronto Beaches Festival 2018

Beach - Sun - Sand!

Join us for the last and largest summer beach festival! Invite friends, bring your flip flops and your appetite to Indulge at Beachside Eats: Featuring Local Restaurants, Sip Beachside Drinks, Shop the Beachside Market & Groove to cool tunes: 80's & 90's all day!

**When:** September 22, 2018 12:00 pm - 8:00 pm

**Where:** Woodbine Beach 1675 Lake Shore Blvd E

**Cost:** Free



## Nuit Blanche Toronto

City of Toronto in collaboration with Toronto's arts community. Nuit Blanche Toronto is a free, annual, city-wide celebration of contemporary art. For one sleepless night, from sunset to sunrise, the familiar is discarded and Toronto is transformed into an artistic playground for a series of exhilarating contemporary art experiences in unexpected public spaces.

**When:** September 29, 2018 7:02 pm - 7:00 am

**Where:** Multiple locations! Ask LE department for more information

**Cost:** Free

# NUIT BLANCHE TORONTO

## **Local & Community Happenings in September 2018**

Toronto Public Library – St. James Town Branch  
495 Sherbourne Street  
416-393-7744

Wellesley Community Centre  
495 Sherbourne Street  
416-392-0227

The 519 – LGBTQ communities  
519 Church Street  
416-392-6874



# Does your loved one require 1:1 visits with a volunteer?

Volunteers at Sherbourne Place can spend time with your loved one while engaging in various leisure activities such as outdoor strolls in the park, a trip to the library or coffee shop, reading and reminiscing.

If you would like to sign your loved one up for 1:1 volunteer visits, please contact the Life Enrichment Staff on your floor.



Kayla Johnston – 416-964-1599 ext. 233

(Manager of Programs)

Cristina – 2<sup>nd</sup> floor

Lucy – 3<sup>rd</sup> floor

Luca – 4<sup>th</sup> floor

416-964-1599 ext. 252



# Dear Residents, Family and Friends

## We want to know your feedback!!!

- What kinds of programs do you want to see?
  - Do you enjoy the programs we have now?
- What kinds of outings would you like to go on?
- What kind of themed parties and events would you like to see?

**We want to know your input. Please feel free to leave your suggestions in the LE drop box, or with the Life Enrichment Staff on your floor.**

**Kayla Johnston – 416-964-1599 ext. 233 (Manager of Programs)**

**Cristina – 2<sup>nd</sup> floor**

**Lucy – 3<sup>rd</sup> floor**

**Luca – 4<sup>th</sup> floor**

**416-964-1599 ext. 252**



## Sports Update with Elgene

Hello sports fans.

Welcome to September. A time for pennant races and training camps. Since the Blue Jays are so far out of the playoffs for 2018, we will focus on the two Toronto teams with championship aspirations.

First the Maple Leaf's. This off season brought an early holiday gift to Leaf fans. The signing of John Tavares made the Leaf's instant Stanley Cup contenders. He is one of the best players in the world. With Auston Matthews and Nazem Kadri, this makes the Leaf's the strongest team in the NHL at the center position. Their biggest weakness remains their defense. Their only consistent player here is Morgan Rielly. Look for another quality season from him. Hopefully, Jake Gardiner can bounce back from the horrendous game 7 he had last spring.

The Raptors also had a big off season. They traded franchise star DeMar DeRozan to San Antonio for Kawhi Leonard. DeRozan was a big part of the Raptors for the past 9 years. However, his inability to get them past LeBron James in the past 3 post seasons sealed his fate. The Raptor management felt that they needed more to get them out of the Eastern conference. Many fans were disappointed that DeRozan was traded. However, it does provide a lot of excitement for the upcoming season.

See you all in October,

Elgene, Physiotherapist



# August Fun at Sherbourne Place 2018



**Blue Jays Baseball Game!**



**Niagara Fallsview Casino Trip!**



**Ward's Island: Sunshine Center!**



**Niagara Fallsview Casino Trip!**

# Welcome to the REKAI Family...

Michael C.

Halina H.

*Together*  
WE MAKE A  
FAMILY



**SHERBOURNE PLACE**

# UPCOMING BUS OUTINGS



## **October:**

Aga Khan Museum  
The Rex Jazz Club  
Lunch at Dragon Pearl Buffet

## **November:**

Shopping Trip  
Night at the Movies  
Bowling

## **December:**

Swiss Chalet Lunch  
Christmas Lights Tour  
Christmas Movie

**Please stay tuned for upcoming outings and further details in  
the next few months ...**

# September Bus Outings



## September 10<sup>th</sup>:

### Toronto Zoo

9:30AM-4:00PM

Contact: Luca Occhuizzi

Cost: FREE

## September 12<sup>th</sup>:

### Toronto Island Cruises

9:15AM-4:30PM

Contact: Lucy Zhou

Cost: \$8.00

## September 28<sup>th</sup>:

### Sunshine Center

10:00AM-4:30PM

Contact: Cristina

Parmanand

Cost: \$10.00

## September Birthdays

In astrology, those born from September 1–22 are Virgos. Detail-oriented Virgos have a deep sense of humanity, a trait that makes them careful, tender, and practical. Since all that attention to detail is put into the service of others, Virgos make perfect humanitarians. Those born between September 23–30 balance the scales of Libra. Libra epitomizes fairness and harmony in all dealings large and small. Sincere, beautiful, and romantic, Libra will work hard to keep all relationships on an even keel with boundless grace and charm.

Mary K- September 2<sup>nd</sup>

Leila M- September 2<sup>nd</sup>

Thomas M- September 5<sup>th</sup>

Elsbeth Y- September 7<sup>th</sup>

Elek U- September 7<sup>th</sup>

Adrienne D - September 7<sup>th</sup>

Yeun-ting "Margaret" W- September 15<sup>th</sup>

Shirley R- September 18<sup>th</sup>

Bing Chi L- September 19<sup>th</sup>

Bibi B- September 22<sup>nd</sup>

Eric J- September 23<sup>rd</sup>

Robert E- September 23<sup>rd</sup>

Ralph K- September 24<sup>th</sup>

Virgil W- September 28<sup>th</sup>

## In Loving Memory...

Jose Santos

