


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30 - 1:1 Current Events - 3W 9:30 - 1:1 Weights - 4W 10:45 - Intergenerational Program - M 4:30 - Manicures - 3E 6:30 - Trivia - 3WD	2 10:30 - Groundhog Day News Review! - 2EA 2:00 - Bingo - M 4:15 - 1:1 Ball Toss - 4ED <i>Groundhog Day</i>
	3 10:15 - Hymns & Prayers - C 3:00 - Superbowl Sunday Pre-Game Party! - M 4:00 - 1:1 Ipad Fun - 4E	4 9:30 - 1:1 iPad Fun! - 2W 11:00 - Balloon Tennis - 2ED 2:30 - Birthday Party - WG 6:30 - Snoezelen Therapy - 4EA	5 10:00 - Music with George - 4E 10:00 - Tuck Shop - All 11:00 - 1:1 Communion - All 11:00 - Catholic Mass - C 2:30 - Chinese New Year Celebration - M 6:15 - Pet Therapy - All 6:30 - Movie Night: Mandela: Long Walk to Freedom - M <i>Chinese New Year</i>	6 10:00 - Pet Therapy - All 10:00 - Seated Exercise with Gloria - 4WD 2:00 - St. Luke's Group - M 4:30 - Balloon Tennis - 3ED 6:15 - Pet Therapy - All 6:30 - Reading Group - 3WD	7 9:45 - Sing Along for Wellness & Fun! - 4ED 10:30 - Sing Along for Wellness & Fun! - 2WD 11:15 - Sing Along for Wellness & Fun! - 2WD 2:30 - TR Awareness Month: Hands on Exotics! - WG 4:30 - Balloon Tennis - 2WD 6:30 - Board Game Bonanza - 2EA	8 2:30 - The Dean Martin Variety Show - M 2:30 - Name it in 90: Black History Edition - 3ED 6:30 - Movie Night: Roman Holiday - M Outing: Movie Matinee TIFF Bell Light Box "Love Story" 12:00PM - 3:00PM
10 10:15 - Hymns and Prayers - C 2:30 - Painting to Music - 4WA 2:30 - Word Games - 3EA 4:00 - 1:1 Ipad Fun - 3W	11 9:30 - 1:1 Weights - 2E 10:30 - Residents' Council - C 11:00 - OARC Education/Information Session - C 2:30 - LGBTQ2S+ Name That Tune! - 3EA 6:30 - Remember When... - 3E Outing: Ripley's Aquarium 1:00PM - 4:00PM	12 9:30 - 1:1 Current Events - 2E 10:00 - Music with George - 4E 10:30 - Fun in the Sun Exercise with Phoebe - 2ED 11:00 - 1:1 Communion - All 2:00 - United Church Service - C 6:15 - Pet Therapy - All 6:30 - Movie Night: Barry - M	13 10:00 - Pet Therapy - All 10:00 - Seated Exercise with Gloria - 4WD 1:30 - TR Awareness Month: Horticultural Therapy - M 4:30 - Puzzling Creations - 2EA 6:15 - Pet Therapy - All 6:30 - 1:1 Bedside Therapy - 2E	14 9:30 - 1:1 Ball Toss - 3W 9:30 - 1:1 Stretches - 4E 11:00 - Valentine's Day Social - 3EA 2:30 - Valentines Day Dance! - WG 4:30 - Valentines Day Quotes - 2EA 6:30 - Movie Night: Sleepless in Seattle - M	15 9:30 - 1:1 Current Events - 3W 9:30 - 1:1 Montessori - 4E 10:30 - Music Appreciation: Black History Month Edition - 4WD 2:30 - Hula Hula with Hermela - 3WD 4:30 - Manicures - 3E 6:30 - Trivia - 3WD	16 10:30 - Name That Tune - 4EA 2:00 - Bingo - M 4:00 - Seated Exercise - 2WD
17 10:15 - Hymns & Prayers - C 3:00 - Soul Winners Gospel Choir - WG 4:20 - 1:1 Stretches - 4E	18 9:30 - 1:1 Current Events - 3E 11:00 - Montessori - 4E 2:30 - Family Day Fun & Games - 4WD <i>Family Day</i>	19 9:30 - 1:1 Current Events - 3E 10:30 - Fun in the Sun Exercise with Phoebe - 3ED 11:00 - 1:1 Communion - All 2:30 - Drum Circle - WG 6:15 - Pet Therapy - All 6:30 - Movie Night: Hidden Figures - M Outing: Aga Khan Museum 1:00PM - 4:30PM	20 9:30 - 1:1 weights - 2E 10:00 - Pet Therapy - All 10:00 - Seated Exercise with Gloria - 4WD 2:00 - St. Luke's Group - M 6:15 - Pet Therapy - All	21 9:30 - 1:1 Bedside Therapy - 4E 10:15 - Raising Artists - M 11:00 - Hula Hula with Hermela - 4WD 2:30 - Noteworthy Figures: Black History Month - 2WD 4:30 - Balloon Tennis - 2WD 6:30 - Conversation Jenga - 2EA	22 Cultural Day - Taiwan 9:30 - Easy Listening: Taiwan Music - 4W 11:00 - Cultural Trivia - 4WA 2:30 - Cultural Day Party - WG 6:30 - Discussion Group: History of Taiwan - 2EA	23 9:30 - 1:1 Montessori - 3W 10:30 - Name that Tune - 4EA 11:00 - Music and Memories - 3EA 2:00 - Bingo - M
24 10:15 - Hymns and Prayers - C 2:30 - Become a Bartender! - M 4:00 - 1:1 Ball Toss - 3W 4:00 - 1:1 Ipad Fun - 4E	25 9:30 - 1:1 Weights - 2E 10:00 - Music with George - 4E 10:00 - Dixon Hall Bingo - M 1:30 - LGBTQ2s+ Movie Matinee: Call Me By Your Name - M 6:30 - Crokinole Club - 3WD	26 9:30 - 1:1 Stretches - 2W 11:00 - 1:1 Communion - All 2:00 - Anglican Church - C 6:15 - Pet Therapy - All 6:30 - Travelling ROM: Spiders - C	27 9:30 - 1:1 Current Events - 3W 10:00 - Pet Therapy - All 10:00 - Seated Exercise with Gloria - 4WD 11:00 - Brain Teasers - 3EA 4:30 - Manicures - 2W 6:15 - Pet Therapy - All 6:30 - Movie Night: An Affair to Remember - M	28 9:30 - 1:1 Ball Toss - 3W 11:00 - Seated Zumba with Kayla - M 1:30 - Music Bingo with Dixon Hall! - M 4:30 - Manicures - 2W 6:30 - 1:1 Friendly Visits - All		

3EA - Activity Room 3E
 3ED - Dining Room 3E
 3W - 1:1 Resident Room
 3WD - Dining Room 3W

4EA - Activity Room 4E
 4ED - Dining Room 4E
 4WA - Activity Room 4W
 4WD - Dining Room 4W

All - All
 C - Chapel/Community Room
 M - Main TV Room
 WG - Winter Garden

2EA - Activity Room 2E
 2ED - Dining Room 2E
 2W - 1:1 Resident Rooms
 2WD - Dining Room 2W

