

160 Wellesley Street East, Toronto, ON M4Y 1J2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30 - New Year's Day Bingo - 4th fl 2:00 - Hot Tea Day Cart - 3rd FL 2:00 - New Year's Day Hot Chocolate Cart - 4th FL 6:30 - Year in Review - 3rd FL Face to Family - 3rd FL New Years Day	2 10:15 - Seated Exercise - 2WD 2:30 - Reminiscing: New Year Celebration Memories - 2E 4:00 - Welcome New Year Greetings - 2WD
3 10:15 - Hallway Hymn Sing - 2nd fl 2:30 - Colour Club - 2WA 3:30 - 1:1 Ball Toss - 2E	4 9:30 - Weekly Bingo - All 10:30 - 1:1 iPad Fun! - 2E 2:00 - Move & Groove - 3ED 2:30 - Musical Hallways - 2WA Face to Family - 2nd FL	5 9:30 - Make the Connection - 3WA 2:00 - Colour Club - 3EA 3:00 - Seated Stretches - 4W 7:00 - 1:1 Bedtime Prayers - 4E Face to Family - 4th FL	6 10:30 - 1:1 Current Events - 2W 2:30 - 1:1 Podcast Listening - 2E 3:15 - Epiphany - 3ED 3:30 - Brain Games - 2WA Face to Family - 2nd & 3rd FL	7 9:30 - Chatelaine Mornings - 4E 2:00 - Smile Theatre - 4WD 2:30 - Mindful Meditation - RR 6:30 - Sensory Spa - 2W Face to Family - 4th FL	8 9:30 - Elvis Music Bingo - 4th fl 10:00 - Elvis Bingo - 3ED 1:30 - Elvis Movie - TV3 2:00 - Memory Lane - King of Rock and Roll - 4E 2:30 - Elvis Trivia - 2EA 6:30 - Music Appreciation: Greatest Hits of Elvis Presley - 2WA Face to Family - 3rd FL	9 10:00 - 1:1 Garden Maintenance - 4th fl 10:00 - Listen & Learn: Andrew Sisters - TV3 2:00 - 1:1 Afternoon Stroll - 4th Fl 2:00 - Science: Monarch Migration-3WD
10 9:30 - Virtual Mass - 3ED 10:30 - Hymns and Prayers - 4th fl 1:30 - Ball Game -3rd Fl 2:00 - Snakes & Lattes - 4WA	11 9:30 - Weekly Bingo - All 10:30 - 1:1 Stretches - 2E 2:00 - Chair Boxing - 3ED 2:30 - 1:1 Trivia - 2WA 6:30 - My Wishes - All Face to Family - 2nd FL	12 10:30 - Winter Crafts - 2EA 10:30 - Residents' Council - C 2:00 - Dear Pen Pal - 4ED 2:30 - Chair Dancing - 2WD 6:00 - Movie Night: The King's Speech - 4WA Face to Family - 4th FL	13 10:30 - Virtual Pet Therapy - All 11:00 - Office Club - 3EA 2:00 - Movie Disney: Winnie the Pooh-4E 2:30 - Painting to Music - 2WA 3:15 - Dear Pen Pal - 3EA 6:30 - LGBTQ Inspirational Stories - TV2 Face to Family - 2nd & 3rd FL	14 9:30 - Chatelaine Mornings - 4E 11:00 - Virtual Outing: Travelling the Windy City - 3W 1:30 - Harlem Globetrotters Day - SR 2:00 - Smile Theatre - 4ED 6:30 - Dear Pen Pal - 2ED Face to Family - 4th FL	15 9:30 - Breakfast Bingo - 4th fl 1:30 - Fashion Fridays - 3EA 2:00 - 1:1 Balloon Tennis - 4WD 6:00 - Discussion: 40's Fashion Trends - 3ED Face to Family - 3rd FL	16 10:15 - Seated Exercise - 2WD 2:30 - Color in the cart - 2E 3:30 - 1:1 Ball Toss - 2W
17 10:15 - Hallway Hymn Sing - 2nd fl 2:30 - Seated Dancing - 2WD 3:30 - 1:1 Bedside Therapy - 2E	18 9:30 - Weekly Bingo - All 10:00 - My Wishes - All 3:00 - Stretch & Strengthen - 3ED 6:30 - Music Appreciation: Classical Sounds - 4EA Face to Family - 2nd FL	19 9:00 - Morning News - 3WD 10:30 - Victory Garden: Planting Herbs - 3EA 2:00 - Sponge Painting Flowers - 4EA 2:00 - Seated Exercise - 3ED 4:30 - Winter Trivia - 4WA 6:30 - 1:1 Hand Massages - 4E Face to Family - 4th FL	20 10:30 - 1:1 Stretches - 2E 1:30 - Macaroni Art: Penguins - 3EA 2:00 - LGBTQ Art History - 2WA 6:00 - Movie: Surfs Up - TV3 Face to Family - 2nd & 3rd FL	21 9:30 - Chatelaine Mornings - 4E 2:00 - Smile Theatre - 4WD 2:30 - 1:1 iPad Fun! - 2W 4:00 - Dear Pen Pal - 2ED 6:30 - 1:1 Short Stories Reading - TV2 Face to Family - 4th FL	22 9:30 - Breakfast Bingo - 4th fl 10:00 - Art of Hygge - 3ED 2:00 - LGBTQ Royals of the World - 4WA 2:30 - Feel Good Music - 2WA 6:30 - Famous Canadian Hockey Players:Discussion - 2EA Face to Family - 3rd FL	23 9:30 - Comforting Babies - 3E 10:00 - Reality Orientation: Winter - 4E 2:00 - Ladies Beauty Parlour - All 2:30 - Coffee & Monkey Bread - 3WA
24 9:30 - Virtual Mass - 3ED 10:30 - Hymns and Prayers - 4th fl 2:00 - Collage Collective - 3WA 2:00 - Puzzling Creations - 4EA	25 Cultural Day: Scotland 9:30 - Weekly Bingo - All 11:00 - Did You Know - Scotland Edition - 3WD 2:30 - Robbie Burns Day Cart - All 4:15 - Virtual Outing: Travelling Scotland - 2ED 6:30 - Scottish Music Appreciation - 2WA Face to Family - 2nd FL	26 10:30 - 1:1 Ball Toss - 2E 11:00 - Calendar Committee - All 2:00 - Pathways: Inspiration - 4EA 2:30 - The Dean Martin Show - 2WA 6:00 - Movie Night: The King and I - 4WA Face to Family - 4th FL	27 10:30 - Virtual Pet Therapy - All 11:00 - Tu B'Shevat: Planting a Tree - C 2:00 - Movie Disney: Tom & Jerry-4E 2:30 - 1:1 Podcast Listening - 2E 3:15 - Snakes & Lattes - 3WD 6:30 - 1:1 Music Therapy - 2E Face to Family - 2nd & 3rd FL	28 9:30 - Chatelaine Mornings - 4E 1:30 - Story: Visiting a 40's style Bungalow - 3EA 2:00 - Smile Theatre - 4ED 2:30 - 1:1 Word Search - 2EA 6:30 - 1:1 Bedside Therapy - 2W Face to Family - 4th FL	29 9:30 - Breakfast Bingo - 4th fl 1:30 - LGBTQ2s+ Icon of the Month: Joan Crawford - 3ED 2:00 - Seated Ballet - 4ED 6:00 - Movie: Joan Crawford - TV3 Face to Family - 3rd FL	30 10:15 - Seated Exercise - 2WD 2:30 - Balloon Tennis - 2ED 4:00 - 1:1 News Review - 2EA
31 10:15 - Hallway Hymn Sing - 2nd fl 2:30 - Hot Chocolate Cart - 2W 4:00 - 1:1 weights - 2W						
2E - 1:1 Resident Room 2WD - Dining Room 2W 4EA - Activity Room 4E C - Chapel/Community Room	2EA - Activity Room 2E 3EA - Activity Room 3E 4ED - Dining Room 4E RR - Spa Room 2E	2ED - Dining Room 2E 3ED - Dining Room 3E 4WA - Activity Room 4W SR - Sports Room		2W - 1:1 Resident Rooms 3WA - Activity Room 3W 4WD - Dining Room 4W TV2 - TV Lounge 2W	2WA - Activity Room 2W 3WD - Dining Room 3W All - All TV3 - TV Lounge 3W	