

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:15 - 1:1 Reality Orientation - 4E 1:30 - LGBTQ2s+ Movie Matinee: Milk - M 4:15 - Music Appreciation - 2EA 6:30 - Reading Group - 3WD	2 9:30 - 1:1 iPad Fun! - 3W 11:00 - Balloon Tennis - 4ED 2:30 - Colour Club - 4WA 2:30 - Random Trivia - 2EA 4:15 - 1:1 Manicures - 2W 6:30 - Discussion Group: Remembrance Day - 3ED	3 9:30 - 1:1 Manicures - 3E 11:00 - Balloon Volleyball - 4ED 2:00 - Bingo - M
	4 4:00 - 1:1 iPad Fun! - 4E 10:20 - Hymns and Prayers - C 2:30 - Name That Tune - 2WA	5 9:15 - 1:1 Current Events - 3E 10:30 - Smart TV/Netflix Information Session - M 2:30 - Music & Mani's - RR 2:30 - Word Games - 3EA 4:30 - Puzzling Creations - 2WA 6:30 - Snoezelen - 4EA	6 9:30 - 1:1 weights - 3W 11:00 - 1:1 Communion - All 11:00 - Catholic Mass - C 1:00 - Travelling Tuck Shop - 2E 2:30 - Painting to Music - 4WA 2:30 - Word Games - 3EA 6:15 - Pet Therapy - All	7 9:30 - 1:1 iPad Fun - 2W 10:00 - Pet Therapy - All 11:00 - Balloon Tennis - 2WD 2:00 - St. Luke's Group - M 3:30 - Arts & Crafts Social - 3EA 6:15 - Pet Therapy - All 6:30 - Music Appreciation - 4ED	8 9:30 - 1:1 Current Events - 2E 11:00 - Seated Exercise - 4ED 4:30 - Balloon Badminton - 3ED 6:30 - War Time Stories - TV2	9 9:30 - 1:1 Bedside Therapy - 4W 10:45 - Intergenerational Program - M 2:30 - Yahtzee - 2WA
11 9:30 - 1:1 Current Events - 3W 10:30 - Remembrance Day Service - WG 2:30 - 1:1 Volunteer Visits - WG	12 9:30 - 1:1 Ball Toss - 2E 9:30 - 1:1 Weights - 3W 10:30 - Faith & Spirituality with Cindy - RR 10:30 - Residents' Council - C 11:00 - Word Games - 3EA 2:30 - Birthday Party - WG	13 9:30 - 1:1 Bedside Therapy - 2E 11:00 - 1:1 Communion - All 11:00 - Coffee & Conversation - 2ED 1:00 - Travelling Tuck Shop - 3E 2:00 - United Church Service - C 6:15 - Pet Therapy - All	14 9:30 - 1:1 Bedside Therapy - 3WB 10:00 - Pet Therapy - All 2:30 - Movie Matinee - M 3:30 - Arts & Crafts Social - 3EA 4:30 - Manicures - 2W 6:15 - Pet Therapy - All 6:30 - Trivia - 2WA	15 9:30 - 1:1 Current Events - 4W 11:00 - Balloon Volleyball - 4ED 2:30 - Craft Corner - 3EA 2:30 - Name that fruit - 4WA 4:30 - 1:1 Ball Toss - 3W 6:30 - Trivia - 3ED	16 9:30 - 1:1 Ball Toss - 4ED 9:30 - 1:1 Current Events - 2W 10:30 - Watercolour Painting - 3EA 2:30 - Leisure Jeopardy - 2EA 4:30 - Balloon Badminton - 3ED 6:30 - Movie Night - M Outing: Shopping Trip 10:00AM-4:00PM	17 9:30 - 1:1 iPad Fun - 2E 9:30 - Sit and Chat - 4WA 11:00 - Seated Exercise - 2ED 11:00 - Dance with me - 4EA 2:00 - Bingo - M
18 9:30 - 1:1 Bedside Therapy - 4E 9:30 - 1:1 Montessori - 4E 11:00 - Spelling Bee - 2EA 11:00 - Music and Memories - 4ED 3:00 - Soul Winners Gospel Choir - WG	19 9:30 - 1:1 Current Events - 3E 10:00 - Music with George - 4E 2:30 - Reminiscing/Memory Lane - 2E 4:30 - Colour Club - 2WA 6:30 - Reading Group - TV2	20 9:00 - 1:1 Spiritual Care Support - All 9:30 - 1:1 Stretches - 3E 11:00 - 1:1 Communion - All 11:00 - Music and Memories - 3EA 1:00 - Travelling Tuck Shop - 4W 2:30 - Meet Your Neighbours - WG 2:30 - Brain Teaser - 3EA 6:15 - Pet Therapy - All 6:30 - Puzzling Creations - 4EA	21 9:30 - 1:1 Weights - 2W 9:30 - 1:1 Reality Orientation - 4E 10:00 - Pet Therapy - All 10:45 - Music Bingo! - M 2:00 - St. Luke's Group - M 3:30 - Arts & Crafts Social - 3EA 6:15 - Pet Therapy - All 6:30 - 1:1 Music Therapy - 3W	22 Cultural Day: Poland 6:30 - Discussion Group: Poland Culture - 2WD 9:00 - Culture of Poland - 4WA 9:30 - Facts about Poland - 2EA 10:30 - Horticultural Therapy - M 2:30 - Cultural Day Party: Poland - WG 4:30 - Polish Music - 3W	23 9:30 - 1:1 Bedside Therapy - 4E 9:30 - 1:1 weights - 4W 11:00 - Music Appreciation - 4ED 2:30 - Word Games - 3EA	24 10:20 - Bingo - M 2:30 - Movement to Music - 3ED 4:00 - 1:1 Ball Toss - 4ED
25 10:15 - Hymns & Prayers - C 2:30 - CFL Grey Cup Party! - M 4:00 - Name that tune - 4EA	26 9:30 - 1:1 iPad Fun - 2W 9:30 - 1:1 weights - 3W 10:00 - Music with George - 4E 10:00 - 1:1 Spiritual Care Support - All 11:00 - Conversation Jenga - 3EA 2:00 - Deck the Halls - WG 4:30 - Colour Club - 4EA 6:30 - Snoezelen Therapy - 4E	27 9:30 - 1:1 Current Events - 2E 11:00 - 1:1 Communion - All 11:00 - Deck the Halls - WG 1:00 - Travelling Tuck Shop - 2E 2:00 - Anglican Church Service - C 3:30 - Arts & Crafts Social - 3EA 6:15 - Pet Therapy - All 6:30 - Sensory Stimulation - 4W	28 10:00 - Pet Therapy - All 11:00 - Puzzling Creations - 3EA 2:30 - Ball Toss - 4ED 4:30 - Manicures - 2W 6:15 - Pet Therapy - All	29 9:30 - Puzzling Creations - 2WA 11:00 - Balloon Volleyball - 4ED 2:30 - Throwback Thursday - 3WD	30 9:00 - 1:1 Bedside Therapy - 4E 11:00 - Word Games - 4WD 2:30 - Bowling - 3ED Outing: One of a Kind Show 9:30AM-3:00PM	

2WD - Dining Room 2W
 3EA - Activity Room 3E
 3ED - Dining Room 3E
 3WB - Balcony 3W

3WD - Dining Room 3W
 4E - 1:1 Resident Room
 4EA - Activity Room 4E
 4ED - Dining Room 4E

4WA - Activity Room 4W
 4WD - Dining Room 4W
 All - All
 C - Chapel/Community Room

M - Main TV Room
 RR - Spa Room 2E
 TV2 - TV Lounge 2W
 WG - Winter Garden

2EA - Activity Room 2E
 2ED - Dining Room 2E
 2W - 1:1 Resident Rooms
 2WA - Activity Room 2W

