

160 Wellesley Street East, Toronto, ON M4Y 1J2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 - 1:1 Current Events - 2E 10:30 - Seated Exercise - 2WD 1:30 - Balloon Volleyball - 3ED 2:15 - Movie Matinee: Dean Spanley - 2WD 3:15 - Art Club: Elements of Design - 3WA 5:45 - Movie: Herbie the Love Bug -3WD	2 9:30 - Chatelaine Mornings - 4W 2:00 - Bowling - 4ED 2:30 - Painting to Music - 2WA 4:00 - Happy Hour - 2ED 6:30 - Sensory Therapy - 2E Happy Birthday Edith C.!	3 9:30 - Montessori : Building Bricks - 3EA 9:30 - Friday Morning Bingo - 4th fl 2:00 - Chrysanthemum Flower Arranging - 3EA Happy Birthday Ursula S.!	4 10:00 - Outdoor Bingo! - Back 11:15 - Reality Orientation: Fall - 4E 1:30 - Art Club: Seascape - 3WA 2:00 - 1:1 Ice Cream Cart - 4th fl 3:30 - Housekeeping - 3EA Happy Birthday Lola T.! Happy Birthday Robert G.! Happy Birthday Cecelia T.!
5 9:30 - 1:1 Current Events - 4th fl 9:30 - Virtual Mass - 3ED 10:30 - Sensory Cart - 3rd fl 11:00 - Sunday Hymns - 4W 1:30 - Outdoor Strolls - Back	6 1:30 - Mindful Meditation - Back 3:00 - Labour Day Trivia - 3WD 6:30 - Jam Session- 3EA Rosh Hashana Begins	7 Back to School Week! 9:30 - Spelling Bee - 2WD 10:30 - Phys-Ed Class! - 2ED 2:00 - Learning About Rosh Hoshana - Back 4:15 - Reminiscing/Memory Lane: Classic Nursery Rhymes - 4E 6:30 - Bible Story - 4th fl	8 Back to School Week! 9:30 - Wednesday Coffee Morning - 4WD 9:30 - History Lesson: 55 Years Of Star Trek - 3WD 10:30 - Virtual Pet Therapy- All 1:30 - Language Lesson: Good Day in different Languages - 4WD 1:30 - Decathlon - 3ED 2:00 - J. London's stories on Podcasts - 2E 3:00 - Geology: Let's Rock! - 3WD 4:00 - Art Class: Rosh Hashana Art Project - 2WA 6:30 - Hand Massages & Soothing Sounds - 2E	9 Back to School Week! 9:30 - Chatelaine Mornings - 4E 1:30 - Creative Writing: School Days - 3EA 3:30 - Math Teasers - 3WA 6:30 - Netflix Night: Planet Earth - 2WD	10 Back to School Week! 9:30 - Friday Morning Bingo - 4th fl 1:00 - Fashion Friday: Exploring Perfume - 3ED 1:30 - Mad Science Projects - 4WA 2:30 - Home Ec: Cookie Dough Dip - 3WD 6:00 - Movie: The Apple Dumpling Gang - 3ED - M Happy Birthday Gregory P.! Federal Election Voting 9:00am-1:00pm	11 10:00 - Outdoor Bingo! - Back 2:30 - Sing Together - 2EA 4:08 - 1:1 Montessori - 2E Happy Birthday Beverly W.!
12 9:30 - Virtual Mass - 2nd fl 11:00 - Colour Club - 2EA 1:30 - Outdoor Strolls - Back	13 9:30 - 1:1 Current Events - 2W 9:30 - Wii Sports - 3WD 10:15 - Balloon Tennis - 2ED 10:30 - Residents' Council Week: Red Carpet Awards - WG 11:00 - Mindfulness Mondays: Gratitude - TV3 2:30 - Birthday Party! - Back 4:15 - Fun and Fitness - 4WD 6:30 - Snoezelen SPA - 4EA	14 9:30 - Wii: Wheel of Fortune - 3ED 10:30 - Residents' Council - C 11:00 - Recollection TV- TV3 11:15 - 1:1 Friendly Visits - 4th fl - 4E 2:00 - Autumn Floral Arrangement - 4WA 2:45 - Sandwich making - 3ED 4:15 - Sunset Disco Club - 4ED	15 1:30 - Decathlon - 3WD 2:00 - Residents' Council Week Education: Empowering Residents Through LTC Food Foundations - C 3:00 - Tea Time - 3WD 5:45 - Movie Night: Bird Cage - 3WD Happy Birthday Geraldine S.! Yom Kippur Begins	16 9:30 - Chatelaine Mornings - 4W 1:30 - Residents' Council Week: Resident Rights Scavenger Hunt - WG 3:15 - Best Country Artists of all time: Charley Pride - 4EA	17 9:30 - Bible Study: We Welcome You - 3ED 9:30 - Friday Morning Bingo - 4th fl 11:00 - Seated Zumba- 3WD 1:45 - The Jack Benny Show - 4E 2:30 - Residents' Council Week: Sundae Bar! - All	18 10:00 - Outdoor Bingo! - Back 11:15 - Garden Maintenance - 4th fl 1:30 - Retro Wrestlemania - 3EA 3:00 - Collage Collective: Inner Thoughts - 3WA Happy Birthday Robert S.!
19 9:30 - Ladies SPA Morning - 4th fl 9:30 - Virtual Mass - 3ED 10:30 - Sensory Cart - 3rd fl 11:00 - Sunday Hymns - 4E 1:30 - Outdoor Strolls - Back	20 9:30 - Morning Sing Along - 2E 11:00 - Coffee & Conversation - 2W 2:00 - "Roll with the Punches" Punch Cart All Sukkot Begins	21 9:30 - 1:1 iPad Fun! - 2W 10:15 - Board Games - 2EA 10:30 - Raising Artists - Back 2:00 - LGBTQ+ Music in 70's - 4E 2:30 - Brain Teasers - 2WA 4:15 - Reading Group - 4WD 6:00 - Movie Night - 4WA World Alzheimer's Day Happy Birthday James C.! Happy Birthday Henry W.!	22 Cultural Day: Turkey 9:30 - Discussion Group: Fun Facts about Turkey - 4WA 10:00 - Ancient Turkey - 3ED 10:30 - Virtual Pet Therapy- All 11:15 - Traditional Turkish Music & Dance - 4EA 2:00 - Cultural Day: Traditional Turkish Food Tasting - All 3:00 - Turkish Tile Painting - 3EA 4:15 - Coloring Club: Flag of Turkey - 2EA 6:30 - Turkish Music - 2EA Happy Birthday Elvira L.!	23 9:30 - Chatelaine Mornings - 4E 9:30 - Washi Tape Crafts - 3EA 1:30 - Manicures - 3rd fl 6:30 - September Trivia - 2EA 2nd Floor Outing: Centennial Park 1:30pm-4:30pm	24 9:30 - Friday Morning Bingo - 4th fl 2:00 - 1:1 Montessori - 4E 2:45 - Reading group - 3EA 3:30 - Colour Club: Autumn - 4WA 3rd Floor Outing: Monet Exhibit 10:00am-1:00pm	25 10:00 - Outdoor Bingo! - Back 2:30 - Finish the Phrase - 2EA 4:15 - Montessori: Matching Colors - 2WA Happy Birthday Marianne R.!
26 9:30 - Virtual Mass - 2nd fl 11:00 - Reminiscing: Autumn - 2W 1:30 - Outdoor Strolls - Back	27 9:30 - 1:1 Stretches - 2ED 9:30 - Wii: Sports - 3WD 10:30 - Balloon Tennis - 2WD 11:00 - Mindful Meditation: Laugh Yoga - TV3 1:00 - Face to Family - All Happy Birthday Margaret B.! Happy Birthday Marie D.!	28 9:30 - Wii: Price Is Right - 3ED 11:00 - Ed Sullivan Day - 3TV 11:15 - 1:1 Friendly Visits - 4th fl - 4E 2:00 - Craft Corner: Gratitude Tree - 4WA 3:15 - LGBT Icon: Sir Ian Mckellen - 3W 4:15 - Sunset Disco Club - 4ED	29 2:30 - Scrabble - 2EA 4:15 - Puzzling Creations - 2WA 6:30 - Hand Massages & Soothing Sounds - 2E 4th Floor Outing: Swimming Club Time: TBD	30 Orange Shirt Day 10:00 - Learning About Orange Shirt Day - Back 1:00 - Hello October! - All 4:00 - Happy Hour - 2W 6:30 - LGBTQ Famous Painters - 2EA Happy Birthday Saima P.!		

2E - 1:1 Resident Room	2EA - Activity Room 2E	2ED - Dining Room 2E	2W - 1:1 Resident Rooms	2WA - Activity Room 2W
2WD - Dining Room 2W	3EA - Activity Room 3E	3ED - Dining Room 3E	3WA - Activity Room 3W	3WD - Dining Room 3W
4EA - Activity Room 4E	4ED - Dining Room 4E	4WA - Activity Room 4W	4WD - Dining Room 4W	All - All
Back - Back Yard	C - Chapel/Community Room	M - Main TV Room	TV3 - TV Lounge 3W	WG - Winter Garden